

Live For The Day

32 Count, 2 Wall, Improver

Choreographer: Lyn Abbott (UK) June 2009
Choreographed to: Live For The Day by Chris De
Burgh & Tina, CD: Now And Then

The dance starts 8 counts after the beat kicks in, on ("I can't wait until...")

ROCKING CHAIR, TOUCH, TOUCH, BEHIND, SIDE

- 1-2 Rock forward on right, rock back onto left.
- 3-4 Rock back on right, rock forward onto left
- 5-6 Right toes touch front, then touch to right side
- 7-8 Step R behind L, step L to L side

WEAVE, SWEEP, WEAVE, HOLD

- 1-2 Step R in front of L, step L to L side
- 3-4 Step R behind L, sweep L
- 5-6 Step L behind R, step R to R side
- 7-8 Step L in front of R, hold

SIDE, BEHIND, 1/4 TURN, STEP, PIVOT 1/2, 1/4 TURN, BEHIND, SIDE

- 1-2 Step right to right side. Cross left behind right.
- 3-4 Make 1/4 turn right and step right forward. Step left forward.
- 5-6 Pivot 1/2 turn right. Make 1/4 turn right and step left to left side.
- 7-8 Cross right behind left. Step left to left side.

BACK, TOE TOUCH, 1/2 TURN RIGHT, TOE TOUCH, FULL TURN

- 1-2 Step back right, touch left toes forward
- 3-4 Step onto left, pivot 1/2 turn right, keep weight on left, touch right toes forward
- 5-8 Travelling forward, make a full turn stepping R, L, R, L
(easy option : walk forward)

TAG: There is an 8 count tag after walls 2 and wall 5:

ROCK, RECOVER, 1/2 TURN, HOLD

- 1-2 Rock forward on right, rock back onto left,
- 3-4 Making 1/2 turn right step onto right and hold

ROCK, RECOVER, 1/4 TURN, HOLD

- 5-6 Rock forward on left, rock back onto right
- 7-8 Making 1/4 turn left step onto left and hold

The first tag takes you to dance to walls 3 o'clock and 9 o'clock

The second and last tag takes you back to walls 12 o'clock and 6 o'clock

ENDING: The dance ends in section 4 walking forward on 5, 6, 7, facing 12 o'clock