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## Listen To Your Senses

64 count, 4 wall, beginner level

Choreographer: Stefaan Cools (Belgium) March 2008

Choreographed to: Listen To Your Senses by Alan

Jackson (160 bpm), CD: Good Time

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Intro: 32 counts

### 'Side, Together, ¼ Right, Touch' x2

- 1 Step right to the right side
- 2 Step left next to right
- 3 Step right ¼ right forward
- 4 Touch left next to right
- 5 Step left to the left side
- 6 Step right next to left
- 7 ¼ turn right & step left back
- 8 Touch Right next to left

### 'Side, Together, ¼ Right, Touch' x2

- 9 Step right to the right side
- 10 Step left next to right
- 11 Step right ¼ right forward
- 12 Touch left next to right
- 13 Step left to the left side
- 14 Step right next to left
- 15 ¼ turn right & step left back
- 16 Touch Right next to left

### Vine Right, scuff, Left Vine With ¼ Turn Left, scuff

- 17 Step right to the right side
- 18 Cross left behind right
- 19 Step right to the right side
- 20 Scuff Left forward
- 21 Step left to the left side
- 22 Cross right behind left
- 23 ¼ turn left and step left forward
- 24 Scuff right forward

### Right Rocking Chair, ½ Pivot Left, Step Hold

- 25 Rock right forward
- 26 Take weight on to left
- 27 Rock right back
- 28 Take weight on to left
- 29 Step right forward
- 30 ½ turn left
- 31 Step right forward
- 32 Hold

### Rumba Box

- 33 Step left to the left side
- 34 Step right next to left
- 35 Step left forward
- 36 Hold
- 37 Step right to the right side
- 38 Step left next to the right
- 39 Step right back
- 40 Hold

### Walk, Walk, Left Coaster Step

- 41 Step left back
  - 42 Hold
  - 43 Step right back
  - 44 Hold
  - 45 Step left back
  - 46 Step right next to left
  - 47 Step left forward
  - 48 Hold
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**Lockstep Forward, Hold, Full Right Triple Turn, Hold**

- 49 Step right forward
- 50 Cross left behind right
- 51 Step right forward
- 52 Hold
- 53  $\frac{1}{4}$  right and step left to the left side
- 54  $\frac{1}{2}$  right and step right next to left
- 55  $\frac{1}{4}$  turn right and step left forward
- 56 Hold

**Right Mambo forward, Hip Bumps**

- 57 Rock right forward
- 58 Take weight on to left
- 59 Step right next to left
- 60 Hold
- 61 Step left to the left side en bump hips to the left
- 62 Bump hips to the right
- 63 Bump hips to the left
- 64 Touch Right next to left

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Music download available from

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