

RIGHT HEEL WORK:

- 1 Place right heel out in front
- 2 Bring right toe next to left heel
- 3 Place right heel out in front
- 4 Dig right heel

LEFT HEEL WORK:

- 5 Switch left heel out in front
- 6 Bring left toe next to right heel
- 7 Place left heel out in front
- 8 Dig left heel

RIGHT VINE WITH TOUCH:

/(Weight is on right foot, shift weight to left toe and hop out on right foot. The count will start with & 1 or & 9, continue with the vine as follows:

- & 9 Hop out on right foot
- 10 Left behind right
- 11 Step out on right foot
- 12 Touch left foot next to right

TURNING LEFT VINE WITH STOMP:

- 13 Step left with left foot
- 14 Pivot 1/2 turn to left (face back wall), step down with right
- 15 Pivot 1/2 turn to left (face front wall), step down with left
- 16 Stomp right foot

LEFT AND RIGHT SHOULDER ROLLS:

- 17 - 18 Roll left shoulder back (2 counts)
- 19 - 20 Roll right shoulder back (2 counts)

THE TWIST:

- 21 - 22 Twist down right, left
- 23 - 24 Twist up right, left

BASEBALL DIAMOND FIGURE (START AT HOME PLATE):

- 25 - 30 Diagonal forward to 1st base, shuffle right, shuffle left
- 31 - 36 Diagonal backward to 2nd base, shuffle right, shuffle left
- 37 - 42 Diagonal forward to 3rd base, shuffle right, shuffle left
- 43 - 48 Straight backward to home plate, shuffle right, shuffle left

DIG RIGHT HEEL FORWARD:

- 49 - 52 Right heel, heel, heel, heel. Dig left heel forward
- 53 - 56 Left heel, heel, heel, heel

ALTERNATING HEEL HOPS:

- 57 - 58 Hop right heel, hop left heel
- 59 - 60 Hop right heel, clap

HIP BUMPS AND GRINDS:

- 61 - 62 Bump right hip forward (2 times)
- 63 - 64 Bump left hip backward (2 times)
- 65 - 66 Grind right hip forward (2 times)

TURNING JAZZ BOX, BRUSH, STOMP:

/(Weight is on the left foot)

- 67 Step right foot over left, turning a 1/4 to the left,
- 68 Pick up left foot and slap with left hand

- 69 Step down on left foot
- 70 Pick up right foot and slap with right hand
- 71 - 72 Brush right foot forward, brush right foot back
- 73 Stomp right foot
- 74 Stomp left foot

REPEAT

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