

Like The Wind

Phrased, 2 Wall, Advanced, Polka

Choreographer: Tiziana Nastasi (Italy) Nov 2013

Choreographed to: The Wind by The Zac Brown Band,
CD Single (iTunes)

Sequence: AA, Tag 1, AA, Tag 2, BA, restart, A, Ending
Start dancing on lyrics

PART A

SIDE ROCK LEFT, TOGETHER, VINE RIGHT, (CROSS)

1-2 Step left side, step right together
3&4 Cross the left over the right, step right with the right cross the left behind the right

SHUFFLES, TURNS (RUN THE SHUFFLES FOLLOWING THE LINE OF A SEMI-CIRCLE)

5&6 Chassé side right-left-right
& Turn ½ right (weight to right)
7&8 Chassé side left-right-left
& Turn ½ left (weight to left)
1&2 Chassé side right-left-right
& Turn ½ right (weight to right)
3&4 Chassé side left-right-left

STEP RIGHT BACK, STEP LEFT BACK (WALK BEHIND WITH HIGH KNEES), RIGHT KICK BALL CHANGE

5& Step right back, hop right slightly back and hitch left
6& Step left back, hop left slightly back and hitching right knee
7&8 Kick right forward, step right together, step on left

SLIDE RIGHT, SAILOR STEP LEFT, TURN ¾ RIGHT, LEFT KICK BALL CHANGE

1-2 Step right side, drag left to right
3&4 Rock left behind, step right side, step left side
5&6 Lock right behind, unwind ¾ right (weight to right)
7-8 Kick left forward, step left together, step on right

STEP & TOUCH TOE, SHUFFLE ½ TURN, 1 & TURN ½ RIGHT, RONDE RIGHT

1-2 Step left forward, touch right toe behind left
3&4 Step right turn ½, step left to beside right, step right forward
5-6-7 Step left and turn ½, step right and turn ½, step left and turn ½
&&& Move your right leg to the left circularly with knee straight

SAILOR STEP RIGHT & LEFT, HEEL SWITCHES, TOE TOUCH BACK TWICE

1&2 Rock right behind, step left side, step right side
3&4 Rock left behind, step right side, step left side
5&6& Touch right heel forward, step right together, touch left heel forward, step left together
7-8 Cross/touch toe behind left, cross/touch toe behind left

SIDE ROCK RIGHT, TOGETHER, VINE LEFT, (CROSS-STEP-CROSS), REPEAT WITH LEFT

1-2 Step right side, step left together
3&4 Cross the right behind the left, step left with the left, cross the right over the left
5-6 Step left side, step right together
7&8 Cross the left behind the right, step right with the right, cross the left over the right

ROCK STEP FORWARD, COASTER STEP, TURN ½ LEFT, STOMP, HOLD

1-2 Rock right forward, recover to left
3&4 Right coaster step
5-6 Step left forward, ½ turn
7-8 Stomp left, hold

PART B

SYNCOPATED SPLITS, APPLEJACKS

&1 Step right side, step left side
&2 Step right home, step left together
&3 Step right side, step left side
&4 Step right home, step left together
5&6&7&8& Applejacks

	RIGHT KICK BALL CHANGE, TURN ½ RIGHT TWICE, CROSS, HEEL JACK
1&2	Kick right forward, step right together, step on left
3-4	Step right forward, turn ½ left (weight to left)
5-6	Step right forward, turn ½ left (weight to left)
7&8	Cross right over, step left slightly back, touch right heel forward, step right together, step left in place
	TURN ¼ RIGHT, SHUFFLE FORWARD, TURN ¼ RIGHT, CHASSE LEFT, TURN ½, CHASSE RIGHT, ROCK STEP
1&2	Turn ¼ right and chassé forward right-left-right
3&4	Turn ¼ right and chassé side left-right-left
5&6	Turn ½ right and chassé side right-left-right
7-8	Rock left forward, recover to right
	STEP LEFT SIDE, WEAVE LEFT, TURN LEFT ½
1-2	Step left side, cross right behind, step left side
&3	Step left side, cross right over
&4	Step left side, cross right behind
&5	Step left side, cross right over
&6	Step left side, cross right behind
7-8	Step right forward, turn left ½
	GALLOP STEP (SHUFFLE FORWARD, SHUFFLE SIDE, TURN ½, SHUFFLES FORWARD SHUFFLE SIDE)
1&2&3&4&	Step right forward, step left together, repeat four times
1&2&3&4&	Step left side, step right together four times, turn ½
1&2&3&4&	Step right forward, step left together, repeat four times
1&2&3&4&	Step left side, step right together four times
	KICK BALL HEEL, TOE TOUCH BACK TWICE, TURN ½, HEEL AND TOE SYNCOPATION
1&2	Kick right forward (1/8 left), step right together, touch left heel diagonally forward
&3-4	Step left together, cross/touch toe behind left, cross/touch toe behind left
&5	Turn ½ right, step right together, touch toe left behind (3:00)
&6	Step left together, touch heel right
&7	Step right together, touch heel left
&8	Step left together, touch toe right behind
	WALK TURN RIGHT (1/8 RIGHT)
1-2	Turn ¼ right and step right forward, turn ¼ right and step left side
3-4	Turn ¼ and step right side, touch left together (12:00)
TAG 1	STOMP LEFT, HOLD, STOMP RIGHT, HOLD, SIDE AND CROSS LEFT, SIDE AND CROSS RIGHT
1-2	Stomp left, hold
3-4	Stomp right, hold
5&6	Step left side, step right together, cross the left over the right
7&8	Step right side, step left together, cross the right over the left
1-2	Stomp left, hold
3-4	Stomp right, hold
5&6	Step left side, step right together, cross the left over the right
7&8	Step right side, step left together, cross the right over the left
TAG 2	STEP RIGHT FORWARD, STEP RIGHT FORWARD
1-2	Step left forward slowly
3-4	Step right forward slowly
ENDING	
7-8	Step left forward, step right forward
1-2	½ turn to the left, stomp right forward
