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## Life's Great

64 count, 2 wall, intermediate level Choreographer: John H. Robinson (USA) March 2005 Choreographed to: I Love My Life by Jamie O' Neal,

CD: Brave

32-count intro, with one restart halfway through 3rd repetition (front wall)

The Way To Your Heart by Soulsister (CD: It Takes Two 32-count intro, no restarts.

NOTES: The songs indicated are two-step rhythm. When counting these tracks, count all the beats 1,2,3,4 rather than 1&2&3&4. (That makes the timing of the dance: slow, slow, quick-quick slow for the first four patterns; then it changes to slow, slow, slow, quick-quick-quick-quick-quick-quick-quick-quick-quick, quick-quick slow, quick-

#### WALK, WALK, FORWARD MAMBO; BACK, BACK, COASTER STEP

1,2,3,4 Walk, walk R step forward (1), hold (2), L step forward (3), hold (4)

5,6,7,8 Mambo step R rock forward ball of foot (5), recover to L (6), R step next to L (7), hold (8)

1,2,3,4 **Back, back** L step back (1), hold (2), R step back (3), hold (4)

5,6,7,8 Coaster step L step back ball of foot (5), R step ball of foot next to L (6), L step forward (7),

hold (8)

# WALK, WALK TRAVELING SIDE RIGHT, SCISSORS STEP; WALK, WALK TRAVELING SIDE LEFT, SCISSORS STEP

Execution tip: Angle body towards 1:30 for the next 5 counts.

1,2,3,4 Walk, walk R step side right (1), hold (2), L step across R (3), hold (4)

5,6,7,8 **Scissors step** R step side right (5), L step next to R and slightly back (6), R step across L (7),

hold (8)

Advanced option: Execute a full turn left on the previous pattern. Pivot 1/4 left stepping R back (1), hold (2), pivot 1/2 left stepping L forward (3), hold (4), R step forward (5), pivot 1/4 left shifting weight forward to L (6), R step across L (7), hold (8)

Execution tip: Angle body towards 11:30 for the next 5 counts.

1,2,3,4 Walk, walk L step side left (1), hold (2), R step across L (3), hold (4)

5,6,7,8 Scissors step L step side left (5), R step next to L and slightly back (6), L step across R,

prepping for turn (7), hold (8)

Advanced option: Execute a full turn right on the previous pattern. Pivot 1/4 right stepping L back (1), hold (2), pivot 1/2 right stepping R forward (3), hold (4), L step forward (5), pivot 1/4 right shifting weight forward to R (6), L step across R (7), hold (8)

#### 1 1/4 TRAVELING TURN BACK, COASTER STEP TOUCHES

1,2,3,4 Quarter, half Pivot 1/4 left (9:00) stepping R back (1), hold (2), pivot 1/2 left (3:00) stepping L

forward (3), hold (4)

Advanced option: Pick up the free foot and tuck it in close to the other leg in a low figure 4 while turning.

5,6,7,8 Half, coas ter Pivot 1/2 left (9:00) stepping R back (5), sweep L out and around

counterclockwise (6), L step ball of foot back (7), R step ball of foot next to L (8)

1,2,3,4 **Step-touch-step-touch** L step forward (1), R touch next to L/clap hands high to right side (2), R step

forward (3), L touch next to R/clap hands high to left side (4)

5,6,7,8 **Step-touch-step-touch** L step back (5), R touch next to L/clap hands low to right side (6), R step back

(7), L touch next to R/clap hands low to left side (8)

### MAMBO CROSS, LOCKING TRIPLE TRAVELING BACK, FULL TURN LEFT, HOP (OR TRIPLE) FORWARD

1,2,3,4 Rock & cross L rock ball of foot side left (1), recover to R (2), L step across R (3), hold (4)

5,6,7,8 **Triple step** Pivot 1/4 left (6:00) stepping R back (5), L lock step across R (6), R step back (7),

hold (8)

1,2,3,4 **Turn, turn** Pivot 1/2 left stepping L forward (1), hold (2), pivot 1/2 left stepping R back (3),

hold (4)

5,6,7,8 **Hop-hop-hop-step** Hop forward three times on R with L lifted slightly ahead of you (5,6,7), L step

down with weight (8)

Easier option for last 4 counts: Triple step. L step forward (5), R step next to L (6), L step forward (7), hold (8).

#### START AGAIN AND ENJOY!

**THANKS**: The advanced turning options in the 3rd and 4th sets of 8 were inspired by Bailee Kulish, Emily Kulish, Shannon Swett, and Ashley Haggle of the Hot Shots Dance Team in Rapid City, South Dakota.

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