

Life's A Beach

32 count, 4 wall, intermediate level

Choreographer: Graham Gee (UK) Dec 2004

Choreographed to: Some Beach by Blake Shelton,
Barn and Grill CD (115 bpm)

Toe Heel Step on Left and Right, Side, behind, Chasse Left

- 1 & 2 Left Toe to Right Instep, Left Heel to Right Instep, Step Left in place
3 & 4 Right toe to Left Instep, Right Heel to Left Instep, Step Right in place
5-6 Step Left to side, Right behind
7 & 8 Step Left to side, close Right to Left, Step Left to side

Toe Heel Step on Right and Left, Side behind, Shuffle Right turning ¼ Right

- 1 & 2 Right toe to Left Instep, Right Heel to Left Instep, Step Right in place
3 & 4 Left Toe to Right Instep, Left Heel to Right Instep, Step Left in place
5 – 6 Right to side, Left behind
7 & 8 Step Right ¼ Right, close Left to Right, Step Right Forward

Sweep Cross, back and Left Lock Back, Rock, Rock, ¾ turn Left

- 1 – 2 Sweep Left round and cross over Right, step back Right
3 & 4 Step back Left, lock Right over Left, step back Left
5 – 6 Rock back on Right, Rock Forward Left
7 & 8 Step Forward Right, Pivot ½ turn on Left, ¼ turn Left step Right to side

Rock and Recover, ¼ turning Sailor step, Kick Ball step, Ball step, Step Forward

- 1 – 2 Rock to side on Left, recover on Right
3 & 4 Step Left behind Right, step on Right turning ¼ Right, Step Left Forward
5 & 6 Kick Right forward, step Right ball of foot beside Left, step Left ball of foot in place
&7 - 8 Step Right ball of foot Beside Left, Step Left in Place, Step Right Forward