

Lifelong Friends

32 Count, 4 Wall, Improver

Choreographer: Donna Manning (USA) Feb 2014
Choreographed to: You Can't Make Old Friends by Kenny Rogers and Dolly Parton; Back To You by Mandisa

16 count intro (Back To You – 16 count intro – No Tags or Restarts)

Pattern: 1,2,3, 4&5,6,7, 8&1 all the way through

1-9 Step, Cross Rock, Recover, Side Triple, Cross Rock, Recover, ¼ Turn Triple
1,2,3, 4&5 L to L side, R Cross Rock, recover to L, R to R side, Close L to R, R to R side
6,7, 8&1 L cross rock, recover to R, L to L side, Close R to L, *** ¼ turn L stepping L fwd (9:00)

***RESTART here on wall 9 – facing 12:00

10-17 Sway, Sway, Triple, Step, Lift, Back, ¼ Turn, Cross
2,3 Step R fwd rolling R hip fwd in a clockwise circle 12-6, as you recover to L
roll L hip back counter clockwise 12-6
4&5, 6,7 Step R fwd,*** Close L to R in 3rd position, Step R fwd, Step L fwd, Lift R into a figure 4
(R instep to L inside calf) - or kick

RESTART on Wall 4 facing 12:00

8&1 Step R back, ¼ turn L step L to L side, Cross R over L (6:00)

18-25 Step, Point, Side Triple, Sway, Sway, Triple
2,3, 4&5 L to L side, point R across L, Step R to R side, close L to R, Step R to R side into a sway
6,7 Sway hips L then R using Cuban hip motion taking weight to R on 7
8&1 L fwd, R close to L in 3rd position, L fwd

26-32 Windmills, Step, Step, ½ Turn, ¼ Turn Side Rock
2,3,4,5 ¼ Turn on ball of L pointing R toe to R side(3:00), Step R ¼ turn R (6:00),
¼ turn R on the ball of the R pointing L toe to L side (3:00), Step L ¼ turn L (6:00)
6,7,8 Step R fwd, ½ turn L taking weight to L, ¼ turn L stepping R to R side rock
(as you recover to L that is the beginning count 1)

2 Restarts on wall 4 after 20 counts and wall 9 after the first 8& both happen @ 12:00