

Fwd, Touch, Back, Tog, Fwd, Tog, Fwd, Touch

- 1-2 Right diag forward, Touch Left Ball beside Right instep
3-4 Left diag back, Touch Right Ball beside Left instep
5-6 Right diag forward, Step Left beside Right
7-8 Right diag forward, Touch Left Ball beside Right instep
(Option - On count 1 - Stretch hands forward palms down towards the right, right hand leading, body turned slightly left for counts 1 and 5 to 8, On count 2 – Bring hands back beside body)
(Option - On counts 5 – Hands fwd, 6 - Close hands still forward, 7 - Open hands palm down, 8 - Close hands)
(Option Ultra Beginner – On counts 2 and 4 – instead of touches just do Holds)

Fwd, Touch, Back, Touch, Fwd, Tog, Fwd, Touch

- 1-2 Left diag forward, Touch Right Ball beside Left instep
3-4 Right diag back Touch Left Ball beside Right instep
5-6 Left diag forward, Step Right beside Left
7-8 Left diag forward, Touch Right Ball beside Left instep
(Option - On count 1 - Stretch hands forward palms down towards the left, left hand leading, body turned slightly right for counts 1 and 5 to 8, On count 2 – Bring hands back beside body)
(Option - On counts 5 – Hands fwd, 6 - Close hands still forward, 7 - Open hands palm down, 8 - Close hands)
(Option Ultra Beginner – On counts 2 and 4 – instead of touches just do Holds)

Touch-Fwd-Side-Fwd, Tog, Touch-Fwd-Side-Fwd, Tog

- 1-2 Touch Right Ball forward, Touch Right Ball to right
3-4 Touch Right Ball Forward, Step Right beside Left
5-6 Touch Left Ball forward, Touch Left Ball to left
7-8 Touch Left Ball forward, Step Left beside Right
(Option – 1 to 4 – Extend arms forward-out to sides -forward-back beside body)
(Option – 5 to 8 – Extend arms forward-out to sides -forward-back beside body)

Fwd, Hold, ¼ Turn Left, Hold, Sway, Hold, Sway, Hold

- 1-2 Right forward, Hold
3-4 Pivot ¼ turn left onto Left, Hold
5-6 Side step Right and sway right, Hold
7-8 Sway left, Hold
(Option – On counts 1 to 4 – Sweep Right Hand above head to the right)
(Option - On counts 5-6 – Stretch both hands out to the right)
(Option - On counts 7- 8 – Stretch both hands out to the left)

BEGIN AGAIN AND ENJOY.
