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## Life Keeps Bringing Me Down

32 Count, 2 Wall, Improver

Choreographer: Marie Sørensen (Sunshine Cowgirl)  
(Denmark) March 2013

Choreographed to: Life Keeps Bringing Me Down by Alan  
Jackson, Album: Thirty Miles West (Amazon)

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### Intro: 36 Counts

#### VINE, SCUFF, ROCKIN` CHAIR

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, scuff left diagonal fwd. right (01.30)
- 5-6 Cross rock left over right, recover
- 7-8 Diagonal back rock left, recover (01:30)

#### STEP ½ TURN STEP, JAXX BOX, CROSS

- 1-2 Step fwd. left, ½ turn right (07.30)
- 3-4 Step fwd, left, scuff right fwd.
- 5-6 Cross right over left, step back on left
- 7-8 Step right beside left, cross left over right (06:00)

#### HIP BUMPS 4 TIMES, CROSS, POINT, TOUCH, POINT

- 1-2 Step right to right side, sway right, left
- 3-4 Sway right, left
- 5-6 Cross right over left, point left to left side
- 7-8 Touch Left beside right, point left to left side (06:00)

#### CROSS BEHIND, HOLD, CROSS BEHIND, HOLD, COASTER STEP, CROSS, HOLD

- 1-2 Step left behind right, hold
- 3-4 Step right behind left, hold
- 5-6 Step back on left, step right beside left
- 7-8 Cross left over right, hold (06:00)

**RESTART:** During wall 3 – After 20 counts – Facing 06:00

**TAGS:** After wall 6 – 4 Count tag – Facing 12:00 – Sway right, left, right, left  
After wall 9 – 4 Count tag – Facing 06:00 - Sway right, left, right, left

**Have Fun!**

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