

Life Is A River

48 Count, 2 Wall, Improver, Waltz

Choreographer: Audrey Watson (Scotland) February 2013

Choreographed to: Life Is A River by Derek Ryan,

CD: Dreamers & Believers (iTunes)

1 Left Twinkle fwd, Right Twinkle, Fwd Twinkle, Back Twinkle.

1-3 Cross left over right, step right to right side, step left to left side.

4-6 Cross right over left, step left to left side, step right to right side.

7-9 Step fwd on left, step right next left, step left next right.

10-12 Step back on right, step left next right, step right next left.

2 ¼ Turn Twinkle, Back Twinkle, Step Sweep, Step Sweep.

1-3 Step fwd on left turning ¼ left, step right next left, step left next right.

4-6 Step back on right, step left to left side, step right to right side.

7-9 Step fwd on left, sweep right out and around over 2 counts.

10-12 Step fwd on right, sweep left out and around over 2 counts.

3 Cross Side Behind, Step Drag, Cross Back ¼ Turn, Step Kick Kick.

1-3 Cross left over right, step right to right side, step left behind right.

4-6 Step right to right side, drag left next right over 2 counts.

7-9 Cross left over right, step back on right, turn ¼ left stepping left to left side.

10-12 Step fwd on right, kick left foot fwd twice.

4 Triple ½ Turn, Step Kick Kick, Back Coaster Step, Step ½ Step

1-3 Turn ½ left stepping left, right, left.

4-6 Step fwd on right, kick left foot fwd twice.

7-9 Step back on left, step right next left, step fwd on left.

10-12 Step fwd on right, pivot ½ turn left, step fwd on right.

Music slows down near the end of the dance, just dance through.
