

Life Is A River

96 Count, 4 Wall, Intermediate Waltz
Choreographer: Judith Campbell (NZ) Feb 2013
Choreographed to: Life Is A River by Derek Ryan

-
- Intro:** 24 Counts, Start on the word 'WALKING...'
- 1 – 12** **TWO WALKS DRAG FWD – FWD COASTER – STEP DRAG BACK**
1 – 6 Walk fwd R, dragging L ft in for 2 counts, walk fwd on L, drag R in for 2 counts
1 – 6 Step fwd on R ft, bring L next to R, step back onto R ft, step back on L ft, drag R in 2 counts
- 13 – 24** **1/4 SWAY R – L – 1/4 SWAY R - L**
1 – 6 **(turning 1/4 to R)** Step/slide R ft to R.Side sway, sway out to LS
while dragging R ft next to L ft **(3:00)**
1 – 6 **(turning 1/4 to R)** Step/slide R out to RS sway, sway to LS dragging R ft next to L ft **(6:00)**
- 25 – 36** **TWO WALTZ STEPS – to RS Turning – WALTZ FWD / BACK**
1 – 6 **(Turn Waltz Step)** Stepping RLR, LRL moving across to R Side
1 – 6 Basic waltz step fwd RLR, waltz back LRL
- 37 – 42** **STEP FWD HOOK – STEP BACK LEG SWING**
1 2 3 Step fwd on R ft, hook L ft up behind R calf, HOLD
4 5 6 Step L ft back, swing R ft/leg **(just off floor)** around to RS
- 43 – 48** **BEHIND SIDE FRONT (weave) – BIG SIDE STEP DRAG**
1 2 3 Step R behind L, step L to LS, step R across L,
4 5 6 Big step L to L side, drag R ft in for 2 counts on ball
- 49 – 54** **CROSS ROCK – TWO TOE KNOCKS – BEHIND SIDE**
1 2 3 Cross/step R over L, knock L ft on toe twice behind R ft, **(L ft finishes off floor)**
4 5 6 Step L ft behind R, step R to RS, step L across in front of R
- 55 – 60** **STEP SCUFF – HEEL TAP – STEP – HOLD**
1 2 3 Step R to R, scuff L across R, Lift and lower R heel **(heel tap)**,
4 5 6 Step L ft across R, HOLD 2 counts
- 61 – 66** **TWO HALF PIVOT TURNS to L**
1 – 6 Step Fwd on R ft, pivot 1/2 to L, hold **(12:00)**, step fwd on R, pivot 1/2 to L, hold **(6:00)**
- 67 – 72** **TWO SLOW SAMBAS**
1 2 3 Cross R over L, step L to L side, step R in place, **(body facing 2:00)**
4 5 6 Cross L over R, step R to R side, step L in place, **(body facing 10:00)**
- 73 – 90** **ROCK FWD HOLD – RECOVER - TURN – WALK WALK – (3 times in all)**
1 2 3 Step fwd on R ft, HOLD 2 counts **(R arm fwd)**
4 5 6 Step back onto L ft, **(turning 1/2 R)** – stepping fwd onto R ft, step fwd on L ft **(12:00)**
1 2 3 Step fwd on R ft, HOLD 2 counts **(R arm fwd)**
4 5 6 Step back onto L ft, **(turning 1/2 R)** – stepping fwd onto R ft, step fwd on L ft **(6:00)**
- 1 2 3 Step fwd on R ft, HOLD 2 counts **(R arm fwd)**
4 5 6 Step back onto L ft, **(turning 1/2 R)** – stepping fwd onto R ft, step fwd on L ft **(12:00)**
- 91 – 96** **STEP FWD on R – turning 1/4 R – SWEEP L to FRONT – DRAG**
1 2 3 Step fwd on R ft, sweep L ft around to front for 2 counts,
4 5 6 Step down onto L ft, drag R in next to L, **(3:00)**
-