

Life Is A Highway

INTERMEDIATE

32 Count 4 Walls

Choreographed by: Jodie Lavinia Cope

Choreographed to: Life Is A Highway by Rascal Flatts

Count in - after 50 counts - begin on vocals "life's like a road you can travel on"

(1 - 8) Cross, Side rock & Cross, Side rock & cross, Back, 1/4 left, Cross.

1, 2 & Cross left over right(1), Rock right to right side(2), Recover weight onto left(&)

3, 4 & Cross right over left(3), Rock left to left side(4), Recover weight onto right(&)

5 - 6 Cross left over right(5), Step back on right(6),

7 - 8 Make a 1/4 turn left stepping left to left side(7)9:00, Cross right over left(8)

(9 - 16) Side, close, Side, Back rock, Recover, Side, Behind, 1/4 right, step forward, Rock forward, Recover

1 & 2 Step left to left side(1), Step right next to left(&), Step left to left side(2)

3 - 4 Rock right behind left(3), Recover weight onto left(4)

5 - 6 Step right to right side(5), Cross left behind right(6)

& 7 Make a 1/4 turn right stepping forward on right(&) 12:00 Step forward on left(7)

8 & Rock forward on right(8), Recover weight onto left(&),

(17 - 24) Back shuffle, Left Coaster step, Step forward, Forward left shuffle, Rock forward, Recover.

1 & 2 Step back on right(1) Step left next to right(&), Step back on right(2),

3 & 4 Step back on left(3), Step right next to left(&), Step forward on left(4),

5 Step forward on right(5),

6 & 7 Step forward on left(6), Step right next to left(&), Step forward on left(7),

8 & Rock forward on right(8), Recover weight onto left(&),

(25 - 32) 1 & 3/4 turn right, Behind, side, cross, Side rock, Recover, Behind, Side.

1 Make 1/2 turn right stepping forward on right(1),6:00

2 Make 1/2 turn right stepping back on left(2) 12:00

& Make 1/2 turn right stepping back on right (&) 6:00

3 Make a 1/4 turn right stepping left to left side(3),9:00

4 & 5 Step right behind left(4), Step left to left side(&), Cross right over left(5),

6 - 7 Rock left to left side(6), Recover weight onto right(7),

8 & Cross left behind right(8), Step right to right side(&)