

Life Is A Highway

32 count, 2 wall, improver level

Choreographer: Kash Bane (UK) July 2007

Choreographed to: Life Is A Highway by Rascal
Flatts, Cars Official Soundtrack

Start on main vocals, Approx 48 counts

REVERSE SAILOR, MAMBO, 1/4 PIVOT, 1/2 SHUFFLE

- 1&2 Cross right over left, step left back, step right to right side
3&4 Rock left foot forward, recover onto right, step left next to right
5-6 Step right forward, pivot a 1/4 turn left
7&8 Make a 1/2 turn back over left shoulder stepping back on right,
close left next to right, step back on right

ROCK, 1/2 SHUFFLE, UNWIND, SHUFFLE

- 1-2 Rock back on left foot, recover onto right
3&4 Make a 1/2 turn over left shoulder stepping back on left foot,
close right next to left, step left back
5-6 Cross right behind left, unwind 1/2 turn over right shoulder
7&8 Step forward on right foot, close left next to right, step forward on right

SHUFFLE, HEEL TAPS, HITCH BALL CHANGE, 1/2 PIVOT TURN

- 1&2 Step forward on left foot, close right next to left, step forward on left foot
3&4& Tap right heel forward, step heel in, tap left heel forward, step heel in
5&6 Make a 1/4 turn right on ball of left foot and hitch right knee,
step down on right, step left in place
7-8 Step right forward, make a 1/2 turn over left shoulder

SHUFFLES, SAMBA STEPS

- 1&2 Make a 1/2 turn over right shoulder stepping back on right foot,
close left next to right, step right back
3&4 Step left foot back, close right next to left, step left foot back
5&6 Cross right over left, rock left foot to left side, recover onto right
7&8 Cross left over right, rock right to right side, recover onto left foot

Tag: After wall 7 add this 4 count tag in.

- 1-2 Walk right, left
3&4 Right Kick ball change

Restart: On wall 9 dance the first 20 counts (up to and including heel taps) then restart the dance

Music download available from iTunes