

## Life After You

48 Count, 2 Wall, Intermediate

Choreographer: Jennifer Lindkvist (Sweden) May 2011

Choreographed to: Life After You by Daughtry,  
Album: Leave This Town

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**1 Twinkle step, ½ turn twinkle step**

1-3 Cross left over right, step right to right side, step left in place

4-6 Cross right over left, ¼ turn right step left back, ¼ turn right step right forward

**2 Step, drag, step drag**

1-3 Step left forward, drag right to left (on 2 count)

4-6 Step right forward, drag left to right (on 2 count)

**3 Basic, back, sweep**

1-3 Step left forward, step right beside left, step left in place

4-6 Step right back, sweep left back (on 2 count)

**4 Sailor step, ¼ sailor turn**

1-3 Cross left behind right, step right to right side, step left to left side

4-6 Cross right behind left, step left to left side, ¼ turn left step right to right side

**Restart 1,3&4**

**5 Together, sweep, cross, side, cross**

1-3 Step left next to right as you sweep right across left (this is done in 1 count), continue sweeping

4-6 Cross right over left, step left to left side, cross right behind left

**Restart 2**

**6 Side, slide, right full turn**

1-3 Step left to left side, slide right next to left (on 2 count)

4-6 ¼ turn right step right forward, ½ turn right step left back, ¼ turn right step right to right side

**7 Cross rock, ¼ turn, step, ½ turn**

1-3 Rock left across right, recover, ¼ turn left step left forward

4-6 Step right forward, ½ turn left on right weight ends on right (on 2 count)

**8 Run, run, run, triple full turn**

1-3 Run forward stepping left, right, left

4-6 Triple full turn stepping right, left, right

**Tag:** After 3<sup>rd</sup>, 7<sup>th</sup> and 10<sup>th</sup> wall. You will be facing 6:00, 6:00 and 12:00.

**Twinkle step, twinkle step**

1-3 Cross left over right, step right to right side, step left in place

4-6 Cross right over left, step left to left side, step right in place

**Restart 1, 3 & 4** - Wall 2, 6 and 9, after 24 count

On the 4<sup>th</sup> eight make a left sailor step and right sailor step.

There will be no ¼ turn left. You will be facing 12:00, 12:00 and 6:00.

**Restart 2** – Wall 4, after 30 count

On the 5<sup>th</sup> eight make together, sweep, cross, ¼ turn right step left back, step right to right side. You will be facing 12:00.

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