

Let's Shout (Baby Work Out)

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56 count, 2 wall, intermediate level

Choreographer: Yvonne Anderson (Scotland)

Choreographed to: Let's Shout (Baby Work Out) by Colin James, Album: Colin James and the Little Big Band

Start on Main beat/vocal.

1-8 R SIDE SHUFFLE, CROSS, FULL UNWIND, L SIDE SHUFFLE, CROSS, FULL UNWIND

- 1&2 Step RIGHT to Right, & Step LEFT beside Right, Step RIGHT to Right
3-4 Step LEFT across Right, Unwind full turn Right transferring weight to RIGHT (12 o'clock)
5&6 Step LEFT to Left, & Step RIGHT beside Left, Step LEFT to Left
7-8 Step RIGHT across Left, Unwind full turn Left transferring weight to LEFT (12 o'clock)

9-16 1/4 TURN L, 1/2 TURN L, FORWARD R SHUFFLE, SYNCOPATED DIAGONAL TOE TOUCHES L & R

- 1-2 Make 1/4 Left stepping RIGHT back, Make 1/2 turn L stepping LEFT forward (3 o'clock)
3&4 Shuffle forward stepping RIGHT, LEFT, RIGHT
5-6 Touch LEFT toes forward to Right diagonal x 2
&7-8 & Step LEFT beside Right, Touch RIGHT toes forward to Left diagonal x 2
(Styling: Counts 5-8 spread hands out to sides, elbows close to body, shrug shoulders)

17-24 OUT-OUT, HOLD, BACK-CROSS TOUCH, HOLD, HOP FORWARD, SYNCOPATED MONTEREY, SIDE SHUFFLE

- &1-2 & Step RIGHT back to Right diagonal, Step LEFT back to Left diagonal, Hold and snap fingers
&3-4 & Step RIGHT back, Touch LEFT toes across Right, HOLD and snap fingers
&5 & Step LEFT forward, Touch RIGHT toes to Right (feet shoulder width apart)
&6 Making 1/2 turn R step RIGHT beside Left, Touch LEFT toes to Left (9 o'clock)
7&8 Step LEFT to left, & Step Right beside Left, Step LEFT to Left

25-32 ROCK-RECOVER-SIDE, BEHIND-SIDE-FRONT, SIDE SHUFFLE, SAILOR 1/4 R

- 1&2 Rock RIGHT behind Left, & Recover weight on LEFT, Step Right to Right
3&4 Step LEFT behind Right, & Step Right to Right, Step LEFT across Right
5&6 Step RIGHT to Right, & Step LEFT beside Right, Step RIGHT to Right
7&8 Step LEFT behind Right, Making 1/4 turn Right step RIGHT to side, Step LEFT to Left (12 o'clock)

33-40 R KICK X 2, CROSS, L TOE TOUCH X 2, R KICK, STEP BACK, L KICK, CROSS, TOE TOUCH, STEP BACK, L KICK (this section travels back)

- 1-2 Kick RIGHT forward to Right Diagonal x 2
&3-4 & Step RIGHT across Left, Touch LEFT toes Back to Left Diagonal x 2
&5&6 & Step LEFT back, Kick RIGHT forward, Step RIGHT back, Kick LEFT forward
&7&8 & Step LEFT across Right, Touch RIGHT toes back, & Step Right back, Kick LEFT forward

41-48 SHUFFLE FORWARD R, SHUFFLE FORWARD L, STEP 1/2 TURN L, KICK BALL CHANGE

- &1&2 & Step LEFT beside Right, Shuffle forward stepping RIGHT, LEFT, RIGHT
3&4 Shuffle forward stepping LEFT, RIGHT, LEFT
5-6 Step RIGHT forward, Make 1/2 turn Left weight on LEFT
7&8 Kick RIGHT forward, & Step RIGHT beside Left, Step LEFT in place (6 o'clock)

49-52 SKATE R, L, MODIFIED KICK-BALL-CHANGE, SKATE R, L, MODIFIED KICK-BALL-CHANGE

- 1-2 With knees slightly bent skate forward R, Skate forward L
3&4 Straighten knees and kick RIGHT to Right, & Step RIGHT beside Left, Step LEFT in place
(Styling counts 3&4 Hallelujah hands: 3 reach hands up swivelling palms in and out, & begin to bring hands down, 4 drop hands to sides)
5-8 Repeat above counts 1-4

REPEAT

There is no specific ending, but to make it look good...as the music draws to an end (during count 17-24) simply use the side shuffle to face front and strike your favourite pose.
