

Section 1 Step touch. Left together forward. Step across. Cross & cross. Turning toe struts.

- 1 & Step right to right side. Touch left beside right.
2 & 3 Step left to left side. Step right beside left. Step forward left.
4 Step right over left.
5 & 6 Step left across right. Step right to right side. Step left across right.
7 & 8 & Step 1/4 turn right on right toe. Drop heel. Step 1/4 turn right on right toe. Drop heel. (6 o/c)

Section 2 Coaster step. Out in. Left lock step. Out in. Right lock step.

- 1 & 2 Step back on right. Step left beside right. Step forward right.
3 & Touch left to left side. Touch left beside right.
4 & 5 Step forward left. Lock right behind left. Step forward left.
6 & Touch right to right side. Touch right beside left.
7 & 8 Step forward right. Lock left behind right. Step forward right.

Section 3 Heel grind. Sailor 1/4 turn. Side rock. Cross & cross.

- 1 - 2 Rock forward left arcing left toe from right to left. Returning weight onto right.
3 & 4 Step left behind right turn 1/4 left. Step right beside left. Step left in place. (3 o/c).
5 - 6 Rock right to right side. Recover on left.
7 & 8 Step right across left. Step left to left side. Step right across left.

Kick left. Step. Kick right. Step. Kick left. Step down & stomp right. Right sailor. Left sailor.

- 1 & 2 & Kick left across right. Step down on left. Kick right across left. Step down on right.
3 & 4 Kick left across right. Step down on left. Stomp right in place.
5 & 6 Cross right behind left. Step left to left side. Step right in place.
7 & 8 Cross left behind right. Step right to right side. Step left in place.