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- 1 - 8 Shimmy forw, shuffle backw, Shuffle 1/2 right, hop and hitch with clap twice**
1 - 2 RF step forward with shimmy shoulders, hold with shimmy shoulders
- Bend knees and bend forward this first 2 counts**
3 & 4 LF step backward, RF step beside LF, LF step backward
5 & 6 1/4 right step RF to right side, LF step beside RF, 1/4 right step RF forward
7 - 8 RF hop forward and hitch with LKnee (clap), RF hop forward and hitch with LKnee (clap)
- 9 - 16 Shimmy forw, shuffle backw, Shuffle 1/2 left, hop and hitch with clap twice**
1 - 2 LF step forward with shimmy shoulders, hold with shimmy shoulders
- Bend knees and bend forward this first 2 counts**
3 & 4 RF step backward, LF step beside RF, RF step backward
5 & 6 1/4 left step LF to left side, RF step beside LF, 1/4 left step LF forward
7 - 8 LF hop forward and hitch with RKnee (clap), LF hop forward and hitch with RKnee (clap)
- 17 - 24 Rocking chair with shimmy shoulders, Rockstep with shimmy, coasterstep**
1 - 2 RF rock forward , return weight to LF
- Bend forward with shimmy shoulders**
3 - 4 RF rock backward, return weight to LF
- Bend backward with shimmy shoulders**
5 - 6 RF rock forward , return weight to LF
- Bend forward with shimmy shoulders**
7 & 8 RF step backward, LF step beside RF, RF step forward
- 24 - 32 Hip bumps with 1/4 right, kick ball step, kick ball step**
1 - 2 LF step to left side and bump hips left (start 1/4 right), bump hips left
3 - 4 bump hips left, bump hips left (end 1/4 right)
- Weight stays on LF these 4 counts**
5 & 6 RF kick forward, RF step on ball beside LF, LF step forward
7 & 8 RF kick forward, RF step on ball beside LF, LF step forward
- Restarts:**
- The 3th wall (6h), and the 6th wall (12h) dance til count 20 and start again**
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