

Website: www.linedancerweb.com

Email: admin@linedancerweb.com

Let Me Help

BEGINNER

32 Count

Choreographed by: Linda Yanders Choreographed to: I Can Help by Jo-el Sonnier

WALK, WALK, CROSS OVER AND STEP FORWARD ON THE RIGHT Walk forward with the right foot, walk forward with the left foot 1 - 2 Step (hop) right foot slightly forward, cross left over right diagonally forward, step right foot forward & 3 - 4 WALK, WALK, CROSS OVER AND STEP FORWARD ON THE LEFT 1 - 2 Walk forward with the left foot, walk forward with the right foot & 3 - 4 Step (hop) left foot slightly forward, cross right over left diagonally forward, step left foot forward PADDLE TURN TO THE LEFT, STEP RIGHT, STEP LEFT 1 - 2 Pivot turn 1/3 to the left (with the left foot in place and pushing around with the right foot) Continue around another 1/3 turn repeating same pivoting motion 3 - 4 5 - 6 Continue around another 1/3 turn repeating same pivoting motion 7 - 8 Step right foot 12:00, step left next to right STEP, SLIDE BACK DIAGONALLY, CROSS, ROCK, CROSS ROCK 1 - 2 Step right foot diagonally back to the right, slide the left foot back to meet the right and tap the left toe next to the right instep & 3 - 4 Hop step the left foot slightly behind the right, cross the right foot over the left, step to the left with the left foot 5 - 6 Rock to the right with the right foot, cross the left foot over the right foot 7 - 8 Rock to the right with the right foot, recover weight to left foot ROCK FORWARD AND BACK, SHUFFLE BACK TURNING RIGHT, ROCK FORWARD AND **BACK, CHASSE LEFT** Rock forward with the right foot, rock back with the left foot 1 - 2 3 & 4 Shuffle back turning to the right (right, left, right) 5 - 6 Rock forward on the left foot, rock back on the right foot 7 & 8 Chasse to the left (left together, left) **REPEAT**

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute