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- 1            Rock step, Coaster step, Step, Pivot, Shuffle with 1/2 turn right**  
1,2           RF rock forward, weight back on LF  
3 & 4        RF step back, LF close next to RF, RF step forward  
5,6        LF step forward, LF+RF make 1/2 turn right (06:00)  
7 & 8        make 1/2 turn right during shuffle (LF, RF, LF) (12:00)
- 2            Back rock, Kick ball step, Touch, Step, Touch, Step, Touch, Step**  
1,2           RF rock back, weight back on LF  
3 & 4        RF kick forward, RF step next to LF, LF step forward  
5 & 6 &     RF touch toes forward, RF close next to LF, LF touch toes back, LF close next to RF  
7 & 8 &     RF touch heel forward, RF close next to LF, LF touch toes back, LF close next to RF
- 3            Cross rock, Sailor 1/4 turn right, Step, Hip bumps x3, Sailor step**  
1,2           RF rock across LF, weight back on LF  
3 & 4        RF step back and turn 1/4 to right side, LF step to left side, RF step to right side (03:00)  
5 & 6        LF step to left side and bump hips to left side, bump hips right, bump hips left  
7 & 8        LF cross behind RF, RF step to left side, LF step to right side
- 4            Cross samba, Cross samba, Cross Mambo, Sailor 1/2 turn left**  
1 & 2        RF cross over LF, LF step to left side, RF step slightly forward  
3 & 4        LF cross over RF, RF step to right side, LF step slightly forward  
5 & 6        RF cross / rock over LF, weight back on LF, RF close next to LF  
7 & 8        LF cross behind RF, RF make 1/4 turn left, LF make 1/4 turn left and step forward (09:00)
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