

Roll Right 1/2, 1/4 Sailor Step, Step, Hold, Rock, Recover, Cross

- 1,2 Step right making a 1/4 turn, step left making a 1/4 turn to face back wall
3 & 4 Step right foot behind left making a 1/4 turn to the right, step left foot out to the side, step right foot
5,6 step left foot forward, hold
7 & 8 rock right out to right side, recover on left, cross right over left

3/4 Turn, Rock Recover, Coaster Step, 1/4 knee Pop

- 1,2 step back on left making a 1/4 turn to right, step forward on right making a 1/2 turn to right
3,4 rock forward on left, recover on right
5 & 6 step back on left, step right together, step forward on left
7,8 touch right toe, knee roll out 1/4 to right

Rock, Recover, 1/2 turn Shuffle, Pivot 1/2, knee roll, knee roll

- 1,2 Rock forward on left, recover on right
3 & 4 step left foot a 1/4 turn to the left, step right foot next to left, step left foot a 1/4 turn to the left
5,6 step right foot forward, pivot 1/2 turn weight ending up on left foot
7,8 step with the right foot while rolling right knee out, step with the left foot while rolling left knee out

English Locks locks, step together, forward body roll

- 1 & 2 step right foot making a 1/4 turn out, step left foot locking inside of right, step right foot 1/4 turn to face original wall
3 & 4 step left foot making a 1/4 turn out, step right foot locking inside of left, step left foot 1/4 turn to face original wall
5,6,7,8 step right foot forward, bring left together, with weight on left body roll up for last two counts