

Music available on iTunes

8 Count Intro - start after claps

Section 1 Side, Hold, Cross, Hold, Side, Together, 1/4 Turn, Step, Hold

- 1 - 2 Step right to side. Hold
- 3 - 4 Cross left behind right. Hold
- 5 - 6 Step right to side. Close left beside right
- 7 - 8 Make 1/4 turn right. Step forward on right. Hold 3.00

Section 2 Out, Hold, Out, Hold, Coaster Step, Hold

- 1 - 2 Step out to side on left. Hold
- 3 - 4 Step out to side on right. Hold
- 5 - 8 Step back on left. Step right beside left. Step forward on left. Hold

Section 3 Step, Hold, 1/2 Turn, Step, Hold, Kick Ball Step, Hold

- 1 - 2 Step forward on right. Hold
- 3 - 4 Make 1/2 turn left stepping forward on left. Hold 9.00
- 5 - 8 Kick forward on right. Step right beside left. Step forward on left. Hold

Section 4 Cross, Hold, Back, Side, Cross, Hold, Back, Side

- 1 - 2 Cross right over left. Hold
- 3 - 4 Step back on left. Step right to side
- 5 - 6 Cross left over right. Hold
- 7 - 8 Step back on right. Step left to side

Section 5 Step, Hold, Point, Hold, Sailor 1/4 Turn, Hold

- 1 - 2 Step forward on right. Hold
- 3 - 4 Point left to side. Hold
- 5 - 8 Cross left behind right making 1/4 turn left. Step right beside left. Step forward on left. Hold 6.00

Section 6 Step, Hold, Point, Hold, Sailor 1/4 Turn, Hold

- 1 - 2 Step forward on right. Hold
- 3 - 4 Point left to side. Hold
- 5 - 8 Cross left behind right making 1/4 turn left. Step right beside left. Step forward on left. Hold 3.00

Section 7 Step, Lock, Step, Hold, Rock Forward, Recover, 1/4 Turn, Side, Hold

- 1 - 2 Step forward on right. lock left behind right
- 3 - 4 Step forward on right. Hold
- 5 - 6 Rock forward on left. Recover onto right
- 7 - 8 Make 1/4 turn left stepping left to side 12.00

Section 8 Step, Hold, 1/2 Turn, Step, Hold, Kick Ball Step, Hold

- 1 - 2 Step forward on right. Hold
 - 3 - 4 Make 1/2 turn left stepping forward on left. Hold 6.00
 - 5 - 8 Kick forward on right. Step right beside left. Step forward on left. Hold
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