

Lean Like A Cholo

32 count, 2 wall, intermediate

Choreographer: Doug & Jackie Miranda (USA)

Nov 2007

Choreographed to: Lean Like A Cholo by Down,

CD: The Definition Of An Ese

Sequence: Every time you hear the chorus "elbows up from side to side" do counts 1-16.
When chorus is completed do main dance of 32 counts.

PART A (CHORUS)

JUMP FORWARD (SEE ARM POSITIONING BELOW), SWIVELS RIGHT, SWIVELS LEFT

&1 Jump forward right, left (feet together, weight on both feet)

Arms and hands: count 1 - fists closed with top of hands facing up with knuckles touching each other, arms and elbows parallel to floor at chest level

2&3 Swivel to right side (heels, toes, heels)

Arms and hands: with knuckles still together move arms side to side right, left, right keeping arms at chest level while you swivel to right side

4&5 While feet stay in place, keeping hands together raise arms up in front of face keeping elbows together for count 4, lower arms so hands are in front of face for the & count, bring arms to original position as in count 1

6&7 Swivel to left side (heels, toes, heels)

Arms and hands: with knuckles still together move arms side to side left, right, left keeping arms at chest level while you swivel to left side (weight ending on left)

ROCK, RECOVER, CROSS, TOUCH, CROSS, TOUCH; FULL CIRCLE WALK AROUND

8&1 Rock right back, recover on left, cross touch right over left as you angle your body to right side leaning back with weight on left

Arms: keep arms in same position as count 7 for counts 8&. On count 1 drop right arm to side leaving left arm parallel to floor with fist closed and elbow bent slightly pointing up

2 Touch right heel in place shifting weight forward to right foot

Arms: as you touch heel push elbow slightly forward

3 Cross touch left over right facing left diagonal leaning back with weight still on right

Arms: lower left arm to side bringing right arm parallel to floor with fist closed and elbow bent slightly pointing up

4 Touch left heel in place shifting weight forward to left foot

Arms: as you touch heel push elbow slightly forward

5-8 Leading with right foot walk around full circle to left returning to same wall (weight ends on left)

Arms: while walking in circle place both hands at chest level as if you are holding your suspenders. Walk with attitude!

PART B (THE MAIN DANCE)

SIDE ROCK, RECOVER, CROSS, SIDE ROCK RECOVER CROSS, ¼ TURN HIP ROLL, ¼ TURN SIT

1&2 Rock right to right side, recover on left, cross right over left

3&4 Rock left to left side, recover on right, cross left over right

5-6 Turn ¼ left as you step right to right side as you roll hips left to right (weight ending on right)

7-8 Slowly turn ¼ left sitting RIGHT BACK leg (option: side body roll)

DOROTHY STEP, STEP FORWARD, ½ TURN SAILOR STEP, STEP OUT, LEAN LEFT, LEAN RIGHT

1-2& Step forward on left, lock right behind left, step forward on left

3-4&5 Step forward on right, swing left behind right turning ½ turn left ending with left behind right, step right to right side, step left to left side

6-8 Step right out to right side as you bend down weight even on both feet slightly leaning to right side, lean to left side slightly while moving upwards, lean to right side straightening upwards to right with weight on right

STEP SIDE, SAILOR STEP, ¼ TURN LEFT SAILOR STEP, SHOULDER SHRUGS LEANING TO RIGHT, LEAN FORWARD ¼ TURN LEFT

1,2&3 Step left to left side. Right sailor step

4&5 Left sailor step turning ¼ turn left

6&7 As you step right to right side shrug shoulders 3 times as you lean onto right foot (weight on right)

8 Lean forward on to left in to ¼ turn left (weight on left)

2 ½ TURNS, DIAGONAL KNEE BENDS FORWARD

1-4 Step forward on right, turn ½ turn left, step forward on right, turn ½ turn left

5-6 Facing left diagonal step forward on right bending both knees down, straighten up squaring shoulders and touch left next to right

7-8 Facing right diagonal step forward on left bending both knees down, straighten up squaring shoulders and touch right next to left