

Lean Back**INTERMEDIATE**

64 Count 4 Walls

Choreographed by: Malene Jakobsen

Choreographed to: Lean back (limited edition feat. Fat Joe, Eminem and Mase) by Lil Jon and The East Side Boys

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- NOTE:** Count in like this: Count 13 counts, then there is some talking "Stop, it's the.." over 3 counts and then the heavy beat kicks in - 10 sec. into track
- 1 - 8 Out out, hitch, step, hitch, point, hitch, kick ball step, twist 1/4 x 2, body pop, ball cross**
- & 1 (&) Small jump forward on R, (1) step down on L (feet at shoulder's width)
- & 2 (&) hitch R, (2) step R to R side - taking weight
- & 3 (&) Hitch L, (3) point L to L side
- & Hitch L
- 4 & 5 (4) Kick L forward, (&) step down on L (5) step forward on R
- & 6 (&) Twist heels to R turning 1/4 L pushing R hip R (6) twist 1/4 R back to center (weight on L)
- & 7 (&) Pop shoulders slightly forward (7) repeat
- & 8 (&) step R to R side, (8) cross L over R
- 9 - 16 Ball point, ball cross, twist 1/2 turn, ball step, step, knee pops**
- & 1 (&) Step R to R side, (1) Point L to L side
- & 2 (&) Step down on L, (2) cross R over L
- & 3 & 4 Twist heels R, L, R while making 1/2 turn L (weight ends on R) facing 6.00
- 4 HOLD
- & 5 (&) Step down on L (5) take a long step forward on R
- 6 Step L next to R
- & 7 & 8 (&) Pop both knees diagonally L, (7) straighten legs to center (&) pop both knees diagonally R, (8) straighten legs to center (weight ends on L)
- 17 - 24 Ball cross, ball step 1/4, kick, step, rock step, step turn, shuffle, twist 1/2**
- & 1 (&) Step R beside L, (1) cross L over R
- & 2 (&) Turn 1/4 R stepping forward on R, (2) step forward on L facing 9.00
- 3 & 4 & 5 (3) Kick R, (&) step down on R (4) rock back on L (&) recover onto R
- 5 & 6 (5) Step forward on L, (&) turn 1/2 R facing 3.00
- 6 & 7 (6) Step forward on L, (&) close R beside R, (7) step forward on L
- & 8 & 9 Twist heels L, R, L making 1/2 turn R (weight ends on L foot) facing 9.00
- 25 - 32 Kick jazz box, kick jazz box, sways, sailor step**
- 1 & 2 (1) Kick R diagonally R, (&) cross R over L
- 2 & 3 (2) Step diagonally L back on L, (&) step R to R side L
- 3 & 4 (3) Kick L diagonally L, (&) cross L over R
- 4 & 5 (4) Step diagonally R back on R, (&) Step L to L side
- 5 - 6 Step R to R and sway R then sway L (weight on L)
- 7 & 8 (7) Cross R behind L, (&) step L to L side (8) step R to R side
- 33 - 40 Ball, rocking chair, kick step and knee pop x 3 funky style**
- & Step L beside R
- 1 & 2 & 3 (1) Rock forward on R, (&) recover onto L, (2) rock back on R (&) recover onto L
- 3 & 4 (3) Kick R forward (&) step R beside L (weight on both feet bending legs)
- 4 & 5 (4) Pop knees outwards away from each other, (&) return knees to center straightening legs (weight on R)
- 5 & 6 (5) Kick L forward (&) step L beside R (weight on both feet bending knees)
- 6 & 7 (6) Pop knees outwards away from each other (&) return knees to center straightening legs (weight on L)
- 7 & 8 (7) Kick R forward (&) step R beside L (weight on both feet bending legs)
- 8 & 9 (8) Pop knees outwards away from each other, (&) return knees to center straightening legs (weight on L)
- 41 - 49 Side switches, hitch, cross, step, shuffle 1/4, ball step, rocking chair, 1/4 kick**
- 1 Point R to R side
- & 2 (&) Step R beside L, (2) point L to L side
- & 3 (&) Hitch L, (3) cross L over R
- & Step back on R

4 & 5 (4) Turn 1/4 step L to L side, (&) close R next to L, (5) step L to L side facing 6.00
& 6 (&) Step R beside L, (6) step forward on L
7 & 8 & (7) Rock forward on R, (&) recover onto L, (8) rock back on R, (&) recover onto L
1 Turn 1/4 L stepping R to R side with low kick L to L side facing 3.00

50 - 56 Sailor, sailor 1/2, paddle turns 1/2

2 & 3 (2) Cross L behind R, (&) step R to R side, (3) step L to L side
4 (4) Cross R behind L making 1/4 R, (&) make 1/4 turn R stepping L beside R, (5) step R to R side facing 9.00
6 & 7 & 8 & Paddle 3 times beginning by stepping forward on L, making 1/2 turn R in total (weight ends on R) facing 3.00

57 - 64 Cross, unwind, hip bump, sailor, ball step, kick

1 Cross L over R
2 Unwind full turn R (keeping weight on L foot)
3 & 4 Step R to R side and bump R, L, R (weight ends on R)
5 & 6 (5) Cross L behind R, (&) step R to R side, (6) step L to L side
& 7 - 8 (&) Step R beside L, (7) Step forward on L, (8) kick R forward