

- 1. Rock back, recover, Cross shuffle, side, behind , chasse ¼ turn.**  
1-2 Rock back on right, kick left foot low & slightly diagonal, recover onto Left.  
3 & 4 Cross right over left, step left to left side, cross right over left.  
5-6 Step left to left side, step right behind left.  
7 & 8 Step left to side, bring right beside left. Step ¼ turn to left stepping left foot forward.
  
  - 2. Step ¼ turn, cross shuffle, rumba box.**  
1-2 Step forward on right, turn ¼ turn left, recover onto left.  
3 & 4 Cross right over left, step left to left side, cross right over left.  
5 & 6 Step left to left side, step right beside left, step left forward.  
7 & 8 Step right to right side, step left beside right, step back on right.
  
  - 3. Shoulder rolls x 2, sailor ¼ turn, step half turn, right kick ball change.**  
1-2 roll right shoulder up & forward, roll left shoulder up & back.  
3 & 4 Step back on left making ¼ turn left, step right forward, step left to left side.  
5-6 Step forward on right, make 1/2 turn left, recover onto left.  
7 & 8 Kick right foot forward, recover onto right, step onto left.
  
  - 4. Step ½ turn, step ¼ turn, cross point x 2.**  
1-2 Step forward on right, make ½ turn left, recover onto left.  
3-4 Step forward on right, make ¼ turn left, recover onto left.  
5-6 Cross right over left, point left to left side. (Shimmy shoulders)  
7-8 Cross left over right, point right to right side.(Shimmy shoulders)
  
  - 5. Sailor ½ turn, kick out, out, hip bumps.**  
1 & 2 Swing right foot round into ½ turn right , step left to left side, step right in place.  
3 & 4 Kick left foot forward, step back on left, step back on right.  
5-6 Hip bump left, hip bump right.  
7 & 8 Hip bumps left, right, left.
  
  - 6. Back lock, step lock back, rock back, recover, full turn.**  
1-2 Step back on right, lock left over right.  
3 & 4 step back on right, lock left over right, step back on right.  
5-6 Rock back on left, recover on right.  
7 & 8 Make a full turn right, travelling forward, stepping left, right, left.
- Restart – on 2<sup>nd</sup> Wall.**  
Dance first 24 counts (sections 1 to 3), up to the right kick ball change. Facing 3 o'clock.  
Restart by rocking ¼ turn to face 12 o'clock, kicking left foot out (counts 1-2)
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