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Lay Down Sally

32 Count, 2 Wall, Intermediate Choreographer: The Girls (Maureen & Michelle) (UK) July 2009

Choreographed to: Lay Down Sally by Eric Clapton, CD: The Cream Of Clapton (94 bpm)

Intro: 32 counts

KICK, BACK, TOUCH, BACK, KICK, BACK, TOUCH, BACK, SHUFFLE, STEP, 1/4 PIVOT, CROSS 1&2& Kick right forward, step right back, touch left forward, step left back

3848 Repeat counts 1828

5&6 Step right forward, step left beside right, step right forward 7&8 Step left forward, pivot ¼ turn right, step left across right

SIDE ROCK, FLICK WITH SLAP, SIDE, BACK ROCK. SIDE, HEEL, HOOK STEP, $\frac{1}{2}$ PIVOT WITH HOOK, SHUFFLE

9&10& Rock right to right, recover onto left, flick right behind left and slap foot with left hand, step right to right

11&12 Rock left behind right, recover onto right, step left to left

13&14& Touch right heel forward, hook right across left, step right forward, pivot ½ turn left and hook left across right

15&16 Step left forward, step right beside left, step right forward

Restart: During wall 3 (instrumental wall) dance count 14& as 'Pivot ¼ turn left and hook left across right'.

Then shuffle forward (15&16)(facing 12.00) and restart dance from the beginning following count 16.)

TOE, HEEL, CROSS, HIP BUMPS, BACK ROCK, SIDE, BEHIND, SIDE, CROSS, 1/4 TURN

17&18 Touch right toe beside left, touch right heel towards right diagonal, step right across left

19&20 Step left to left and bump hips left, bump hips right, left

21&22 Rock right behind left, recover onto left, step right to right

23&24& Step left behind right, step right to right, step left across right, keeping weight on left spin ¼ turn left

WALKS, RUNNING STEPS, ROCKING CHAIR, SIDE ROCK, TOGETHER

25-26 Walk forward stepping right, left

27&28 Run forward stepping right, left, right

29&30& Rock left forward, recover onto right, rock left back, recover onto right

31&32 Rock left to left, recover onto right, step left beside right

Restart: During walls 1, 4 & 8 dance count 28 as 'Touch right beside left' and then restart dance from the beginning. This is always during the verse following the words 'Don't you ever leave')

Music download available from iTunes

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