

Lay Down Sally

68 count, 2 wall, intermediate level

Choreographer: Marissa Canale (UK) March 2007
Choreographed to: Lay Down Sally by Rod Stewart,
Great Rock Classics Of Our Time

Start on Vocals

Section 1 Forward Rock, Recover, Shuffle ½ turn Right ,Rock, Recover, Coaster Step.

- 1 - 2 Rock forward on Right, Recover on Left.
- 3 & 4 Shuffle 1/2 turn right on R,L,R.
- 5 - 6 Rock forward on Left, Recover on Right.
- 7 & 8 Step back on Left, Step Right next to Left, Step forward on Left.

Section 2 Step,1/4Turn Left, Forward Shuffle, Weave Left, Side Rock, Recover, Cross.

- 1 - 2 Step forward on Right, Turn 1/4 Left.
- 3 & 4 Shuffle forward on R,L,R.
- 5 & 6 & Step Left to side, Step Right behind Left, Step Left to side, Cross Right over Left.
- 7 & 8 Rock Left to side, Recover on Right, Cross Left over Right

Section 3 Weave Right, Side Rock, Turn1/4 Left, Step, 1/4 Turn Right x 2, Cross Rock, Recover, Side

- 1 & 2 & Step Right to side, Step Left behind Right, Step Right to side, Cross Left over Right
- 3 & 4 Rock Right to side, Recover on Left turning 1/4 Left, Step forward on Right
- 5 - 6 Turn 1/4 Right stepping Left to side, Turn 1/4 Right stepping Right to side.
- 7 & 8 Cross rock Left over Right, Recover on Right, Step Left to side

Restart : After Step 24 on Wall 3 (Facing 6 o'clock)

Section 4 Forward Rock, Recover, Coaster Step,Step,1/4 Turn Right , Forward Shuffle

- 1 - 2 Rock forward on Right, Recover on Left
- 3 & 4 Step back on Right, Step Left next to Right, Step forward on Right
- 5 - 6 Step Forward on Left, Turn 1/4 Right
- 7 & 8 Shuffle Forward on L,R,L

Section 5 Point, Point, Sailor 1/4 Turn Right ,Cross Rock, Recover, Chasse Left

- 1 - 2 Point Right Foot to Front, Point Right foot to side
- 3 & 4 Step Right foot behind Left, Step Left foot to side turning 1/4 Right, Step Right foot next to Left
- 5 - 6 Cross rock Left over Right, Recover on Right
- 7 & 8 Chasse Left on L,R,L

Section 6 Rock Back, Recover, Side, Behind, Side, Cross, Side Rock, ¼ Turn Left , Forward Shuffle

- 1 & 2 Rock Right Behind Left, Recover on Left, Step Right to side
- 3 & 4 Step Left behind Right, Step Right to side, Cross Left over Right
- 5 - 6 Rock Right to side, Recover on Left turning 1/4 Left
- 7 & 8 Shuffle Forward on R,L,R

Section 7 Side, Together, Forward, Side, Together, Back, Swing, Swing, Sailor 1/4 Turn Left

- 1 & 2 Step Left to side, Step Right next to Left, Step Forward on Left
- 3 & 4 Step Right to Side, Step Left next to Right, Step back on Right
- 5 - 6 Swing Left behind Right, Swing Right behind Left
- 7 & 8 Swing Left behind Right turning 1/4 Left, Step Right to side, Step Left next to Right

Section 8 Side Rock, Recover, Cross, Side Rock, Recover, Cross, Forward Rock, Recover, Full Turn Right

- 1 & 2 Rock Right to side, Recover, Cross Right over Left
- 3 & 4 Rock Left to side, Recover, Rock Left over Right
- 5 - 6 Rock forward on Right, Recover on Left
- 7 & 8 Full Turn Right on R,L,R

Section 9 Forward Mambo, Back Rock, Recover

- 1 & 2 Rock forward on Left, Step Right in place, Step Left next to Right
- 3 - 4 Rock Back on Right, Recover on Left

