

Laugh And Cry

32 Count, 4 Wall, Intermediate

Choreographer: Gaye Teather (UK) April 2012

Choreographed to: Laugh And Cry by Michael Learns To Rock,
CD: Michael Learns To Rock (95 bpm)

8 count intro

Step. Forward rock. Shuffle back. 1/4 turn Right sway. Sway. Chasse Right

- 1 – 3 Step forward on Right. Rock forward on Left. Recover onto Right
4&5 Step back on Left. Step Right beside Left. Step back on Left
6 – 7 1/4 turn Right stepping Right to Right side and swaying hips Right. Sway Left (3 o'clock)
8&1 Step Right to Right side. Step Left beside Right. Step Right to Right side

Cross rock. Sailor 1/4 turn Left. Prissy walks forward x 2. Shuffle forward

- 2 – 3 Cross rock Left over Right. Recover onto Right
4&5 1/4 turn Left crossing Left behind Right. Step Right beside Left. Step forward on Left (12 o'clock)
6 – 7 Step Right forward and slightly across Left. Step Left forward and slightly across Right
8&1 Step forward on Right. Step Left beside Right.* Step forward on Right

***Restart** here during wall 4 (the final step of the shuffle becomes step 1 of the dance) (3 o'clock)

Step. Pivot 1/4 turn Right. Cross. Side. Behind. 1/4 turn Right shuffle. Forward Mambo

- 2&3 Step forward on Left. Pivot 1/4 turn Right. Cross Left over Right
4 – 5 Step Right to Right side. Cross Left behind Right
6&7 1/4 turn Right stepping forward on Right. Step Left beside Right. Step forward on Right (6 o'clock)
8&1 Rock forward on Left. Recover onto Right. Step back on Left

Sweep back. Sweep. Back. Behind-side-cross. Side. 1/4 turn Right. Step

- &2 Sweep Right from front to back. Step back on Right
&3 Sweep Left from front to back. Step back on Left
4&5 Cross Right behind Left. Step Left to Left side. Cross Right over Left
6 – 8 Step Left to Left side. 1/4 turn Right placing weight onto Right. Step forward on Left (9 o'clock)

****Tag:** At the end of wall 7 (Facing 6 o'clock) add the following 4 counts and then start from beginning
Right Rocking chair

- 1 – 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

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