

## And More

64 count, 2 wall, intermediate level  
Choreographer: Julie Dowse (Aus) Feb 2005  
Choreographed to: And More by Restless Heart, Still  
Restless Album

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32 Count intro

- 1-8 STEP, DRAG, STEP, DRAG, FWD COASTER, STEP TOGETHER**  
1,2,3,4 Step R fwd, drag L to R, step L fwd, drag R to L  
5,6,7,8 Step R fwd, step L beside R, step R back, step L next to R (12.00)
- 9-16 ¼ TURN ROCK FWD, HOLD, ROCK BACK, ¼ HINGE, ¼ TURN ROCK FWD, HOLD, ROCK BACK, ¼ HINGE**  
1,2,3,4 ¼ turn over L stepping fwd on R, hold, rock back on L, ¼ turn over R stepping R to R (12.00)  
5,6,7,8 ¼ turn over R stepping fwd on L, hold, rock back on R, ¼ turn over L stepping L to L \*\*\*\*\*
- 17-24 STEP FWD 45° L, STEP BESIDE, TURN 90° R, STEP FWD, STEP BESIDE, TURN 90° L, STEP ACROSS, STEP TO SIDE.**  
1,2,3, Step R fwd L diagonal (**facing 10.00**), step L beside R, turn over R to face (**2.00**) weight R,  
4,5,6 Step L fwd, step R beside L, turn over L to face (**10.00**) weight L  
7,8 Cross/step R over L (still on diagonal), step L to L (straightening up to face **12.00**)
- 25-32 ½ HINGE OVER R, ROCK/STEP, REPLACE, SIDE STEP, CROSS/STEP, ¼ TURN, ½ TURN, ½ TURN**  
1,2,3,4 ½ hinge turn over R stepping R to R, rock/step L over R, replace w eight to R, step L to L  
5,6,7,8 Cross/step R over L, ¼ turn over R stepping back on L, ½ turn over R stepping R fwd,  
½ turn over R stepping back on L (**9.00**)
- 33-40 STEP BACK, DRAG, STEP BACK, STEP TOGETHER, STEP BACK, DRAG, ROCK BACK, ROCK FWD**  
1,2,3,4 Step back on R, drag L to R, step back on L, step R beside L,  
5,6,7,8 Step back on L, drag R to L, rock back on R, rock fwd on L ####
- 41-48 ¼ TURN, DRAG, STEP BEHIND, ¼ TURN, ¼ TURN, DRAG, STEP BEHIND, ¼ TURN**  
1,2,3,4 ¼ turn over L stepping (large step) R to R, drag L to R, step L behind R, ¼ turn over R stepping R fwd  
5,6,7,8 ¼ turn over R stepping (large step) L to L, drag R to L, step R behind L, ¼ turn over L  
stepping L fwd
- 49-56 ½ PIVOT, ¼ TURN, ROCK, REPLACE, CROSS/STEP, FULL UNWIND**  
1,2,3,4 Step fwd R, ½ pivot over L, step fwd R, turn ¼ over L (on R foot) keeping L foot raised (6.00)  
5,6,7,8 Rock/step L to L, replace w eight to R, cross/step L over R, full unwind over R w eight L
- 57-64 ROCK, REPLACE, CROSS/STEP, SWEEP AROUND, CROSS/STEP, STEP, CROSS/STEP HOLD.**  
1,2,3,4 Rock/step R to R, replace w eight to L, cross/step R over L, sweep L around,  
5,6,7,8 Cross/step L over, step R to R, cross/step L over R, hold.
- 64 RESTART DANCE FACING NEW WALL**
- TAG An 8 count tag occurs on walls 2,4 & 6 (everytime you face the front)**  
1,2,3,4 Step fwd R, replace w eight to L, step R back, drag L back  
5,6,7,8 Step back L, replace w eight to R, step fwd L, drag R fwd
- TAG 2 This 8 count tag occurs only once & on wall 2 after the first tag has been danced.**  
1,2,3,4 Step R fwd, drag L to R, step back on L, drag R back to L  
5,6,7,8 Step back on R, step L beside R, step R fwd, step L beside R.
- RESTART** Occurs on wall 5. Dance to count 40 #### then ¼ turn over L ready to start dance on new wall.  
**FINISH** Dance to count 16 \*\*\*\*\* then cross R over L
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