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Lady Soul

76 Count, 1 Wall, Advanced Choreographer: June Burdett (SA) Sept 2008 Choreographed to: Lady Soul by DJ Jazzy

1-4 5-8	RIGHT HOOK, HITCH CROSS STEP, VINE Touch R heel forward, Lift R and swing across L knee, Touch R heel in front of L Foot, Lift R back across L knee R Vine: step R, L behind R, R to side and stomp L next to R
9-12 13 -16	LEFT HOOK, HITCH CROSS STEP AND VINE Touch L heel forward, Lift L and swing across R knee, Touch L heel in front of R Foot, Lift L back across R knee L Vine: step L, R behind L, L to side and stomp R next to L
& 17& 18 & 19 & 20	HEEL JACKS Step diagonally back L, touch R heel diagonally forward. Step R into centre. Touch/step L beside R. (Count & 1-2) Step diagonally back R, touch L heel diagonally forward Step L into centre. Touch/step R beside L.
& 21 & 22 & 23 & 24	(Count & 1-2) Step diagonally back L, touch R heel diagonally forward, Step R into centre. Touch/step L beside R. (Count & 1-2) Step diagonally back L, touch R heel diagonally forward, Step R into centre. Touch/step L beside R.
25-26 27&28	SCISSOR STEP, FULL TURN UNWIND Jump with feet about a shoulder width apart .Jump cross step R over L Turning left, drag R foot on floor while making full turn, step R next to L
29&30 31&32 33&34 35&36 37&38 39&40	FORWARD AND SIDE SHUFFLES, SIDE STEP SLIDE Step forward R, slide L behind R, step forward R Step forward L, slide R behind L, step forward L Side shuffle right: R, L, R Side shuffle left: L, R, L Long step to right, slide L foot in (bend the L knee inwards and turn upper body Diagonally to the right. When L foot touches R, face front and tip hat. Long step to left, slide R foot in (bend the R knee inwards and turn upper body Diagonally to the left. When R foot touches L, face front and tip hat.
41-42 43-44 45-48	V STEP Step R foot slightly forward out right, step L foot slightly forward out left. Step R back to centre, step L together Repeat 41 – 44
49-50 51-52 53-54 55-56 57-60	SLAP BEHIND AND HIP BUMPS Step R foot slightly forward out right, step L foot slightly forward out left Slap R cheek behind with R hand, L cheek with L hand Bump hips x2 R- hands still on cheeks Bump hips x2 L – hands still on cheeks Repeat 53-56
61-64 65 -68	RIGHT AND LEFT ROLLING VINE Step R ¼ turn R, step L ½ turn, step R ¼ turn. Touch L to R Step L ¼ turn L, step R ½ turn, step L ¼ turn. Touch R to L
69&70 71&72 73&74 75&76 Styling:	RIGHT AND LEFT HOPS, SIDE TRIPLE STEP Hop on R foot then small steps L, R Hop on L foot then small steps R, L Hop on R foot then small steps L, R Hop on L foot then small steps R, L When doing the right and left triple, tip hat and look down at your feet
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To make the dance a 2 wall dance:

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SCISSOR STEP, HALF TURN UNWIND

29&30	Jump with feet about a shoulder width apart .Jump cross step R over L
31&32	Turning left, drag R foot on floor while making ½ turn, step R next to L

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