

Ladies Night

32 count, 4 wall, beginner/intermediate level
Choreographer: Stephen (Hillbilly) Howard (UK)
Jan 2004

Choreographed to: Ladies Night by Atomic Kitten as
featured on the album Ladies Night

Start the dance after 19 seconds when they sing 'Girls we've all got one'

Walk, walk, kick ball change, point x 3 hitch & cross.

- 1 - 4 Walk forward right, left. Kick right forward. Step right beside left. Step onto left in place.
5 & 6 & Point right to right side. Close right to left. Point left to left side. Close left to right.
7 & 8 Point right to right side. Hitch right knee. Cross right in front of left **keeping weight on left.**

Hold, unwind, kick and point x 2, cross unwind

- 9 - 12 Hold for one beat. Unwind ½ a turn to the left **keeping the weight on the left.**
Kick right forward. Close right to left. Point left to left side.
13 - 16 Kick left forward. Close left to right. Point right to right. Cross right behind left.
Unwind ½ turn to the right.

Step left, 2 hip bounces and tap, sailor step, ¼ turn sailor step

- 17 - 20 Step left to left. Bounce hip to the left twice (2, 3) tap right toe next to left foot on 4.
21 & 22 Cross right behind left. Step left to left side. Step right to place.
23 & 24 Cross left behind right. Step right to right making ¼ turn left. Step forward on left.

Rock, rock, shuffle back, coaster step, turn x 2

- 25 - 26 Rock forward on right. Rock back on left.
27 & 28 Step back right. Close left beside right. Step back right.
29 & 30 Step back left. Step right beside left. Step forward left.
31 - 32 Step forward right making ½ turn left. Step forward left making ½ turn left
(thus making a complete turn to the left).

Choreographers notes - During wall 3 dance beats 1 to 20 then restart dance.
