

CROSS ROCK / TRIPLE STEP

- 1 Cross left foot over right foot, weight on left foot, rocking weight to it
2 Rock weight back to right foot
3 Begin left-right-left triple step in place by stepping left foot home, weight on it
& Quickly step toe of right foot at instep of left foot, weight on right foot, slightly raising heel of left foot
4 Complete triple step by stepping left foot down in place, weight on it

CROSS ROCK / TRIPLE STEP

- 5 Cross right foot over left foot, rocking weight to it
6 Rock weight back to left foot
7 Begin right-left-right triple step in place by stepping right foot home, weight on it
& Quickly step toe of left foot at instep of right foot, weight on left foot, slightly raising heel of right foot
8 Complete triple step by stepping right foot down in place, weight on it

TRIPLE STEP / (TURN) TRIPLE STEP

- 9 Begin left-right-left triple step forward by stepping left foot forward, weight on it
& Quickly step toe of right foot at instep of left foot, weight on right foot, slightly raising heel of left foot
10 Complete triple step by stepping left foot forward, weight on it
11 Begin 1/2 left turn, ending with right-left-right triple step by stepping right foot 1/4 left (approximately 9:00)
& Continue to turn, (facing 6:00) stepping left foot down in place, weight on it
12 Complete triple step, stepping right foot down in place, weight on it

ROCK STEP / (TURN) TRIPLE STEP

- 13 Step left foot back, rocking weight to it
14 Rock weight forward to right foot
15 Begin 1/2 right turn, ending with left-right-left triple step by stepping left foot 1/4 right (approximately 9:00)
& Continue to turn, (facing 12:00) stepping right foot down in place, weight on it
16 Complete triple step, stepping left foot down in place, weight on it

SAILOR STEP / SAILOR STEP

- 17 Begin right behind left sailor step by crossing right foot behind left foot, weight on right
& Quickly step left foot to left side, weight on it
18 Quickly step right foot next to left foot, weight on it
19 Begin left behind right sailor step by crossing left foot behind right foot, weight on left foot
& Quickly step right foot to right side, weight on it
20 Quickly step left foot next to right foot, weight on it

TWIST / TURN / KICK-BALL-CHANGE

- 21 Swivel heels left, weight equally on balls of both feet, facing 45 degrees diagonal right
22 Swivel heels to the right, turning 1/4 left, to face 9:00, weight ending on left foot
23 Weight remaining on left foot, begin right kick ball change by kicking right foot slightly forward
& Quickly step right foot down in place, weight on it, slightly raising heel of left foot
24 Quickly step left foot down in place, weight on it

CROSS ROCK / TRIPLE STEP

- 25 Cross right foot over left foot, weight on right foot, weight on right foot
26 Rock weight back to left foot
27 Begin right-left-right triple step in place by stepping right foot home, weight on it
& Quickly step toe of left foot at instep of right foot, weight on left foot, slightly raising heel of right foot
28 Complete triple step by stepping right foot down in place, weight on it

ROCK STEP / STEP PIVOT

- 29 Step left foot back, rocking weight to it
30 Rock weight forward to right foot
31 Step left foot forward, weight on it
32 Pivot 1/2 turn right, weight ending on right foot

REPEAT

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