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# **Lacquered Down**

32 count, 2 wall, Intermediate level Choreographer : Carol Clements & Annie Saw (UK) June 2001

Choreographed to: Liquored Up and Lacquered Down by Southern Culture on the Skids – Miss Congeniality soundtrack (154 bpm); Pizziricco by the Mavericks

### RIGHT LOCK STEP, BRUSH, LEFT LOCK STEP, BRUSH

- 1-3 Step right forward, lock step left behind right, step right forward
- 4 Brush left foot forward
- 5-7 Step left forward, lock step right behind left, step left forward
- 8 Brush right foot forward, begin to sweep right foot round in front of left

#### CROSS 1/4 TURN LEFT, 3 x 1/4 TURN & TOUCH

- 1 Cross right over left and turn a quarter left
- 2 Touch left next to right, clapping hands above head (making big hair!)
- 3-4 Step left forward turning 1/4 left, touch right next to left clapping hands behind back
- 5-6 Step right foot back, turning 1/4 left, touch left next to right clapping hands above head
- 7-8 Step left forward, turning quarter left, touch right next to left clapping hands behind back (Now facing start wall)

## CROSS, FLICK, CROSS, SIDE, CROSS, FLICK, CROSS, 1/2 TURN

- 1,2,3,4 Cross R over left, flick L foot back (slightly angling body to right as you flick) and bring foot around to front, cross L over R, step R to side
- 5,6,7,8 Cross L over R, flick R foot back (slightly angling body to left as you flick) and bring foot around to front, Cross R over L, half turn over L shoulder, stepping down left (weight on left)

## FORWARD, HOOK, BACK, TURN 1/2, FORWARD, HOOK, BACK TURN 1/2

- 1,2,3,4 Step forward on R foot, lean over R knee and hook left foot behind right calf, step back on L foot, turn half right stepping forward on R
- 5,6,7,8 Step forward on L foot, lean over L knee and hook right foot behind left calf, step back on R foot, turn half left stepping forward on L

You should now be facing 6 o'clock ready to begin again and facing the same way as the beginners – so all can do 'big hair' at the same time.

Choreographer's note: The beginner dance Liquored Up was written by Carol Clements and first taught at Annie's Saw's club in High Wycombe. Annie's dancers so liked it (and the music) that Annie suggested Carol write an intermediate dance to go alongside it. This she did (after some persuasion!) and Annie and Carol then collaborated on the dance to make it different enough, but similar enough for all dancers to enjoy both dances (Liquored Up and Lacquered Down) at the same time. The idea is for as many dancers as possible to enjoy this piece of music, and dance at their desired level.