

La Tortura

48 count, 2 wall, Beginner level

Choreographer: Krisztina Mojzak (Hungary)

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Choreographed to: La Tortura by Shakira

¼ Pivot Left 2x, Mambo Forward, Mambo Back

- 1-2 Step forward right. Pivot ¼ turn left.
- 3-4 Step forward right. Pivot ¼ turn left
- 5 Rock forward on right
- &6 Rock back onto left, Step back on right.
- 7 Rock back on left
- &8 Rock forward on right, Step forward left.

Side Rock & Cross R+L, Lock Shuffle Back, Sweep L, Step In Place R+L

- 1 Rock right to right side
- &2 Rock onto left in place, Cross right over left.
- 3 Rock left to left side
- &4 Rock onto right in place, Cross left over right.
- 5& Step back right, Cross left over right.
- 6 Step back right,
- 7 Sweep LF out from front to back
- &8 Step in place – right-left

Chasse R, Coaster Step, Point Across, Point, Cross Shuffle

- 1& Step right to right side, close left beside right.
- 2 Step right to right side.
- 3&4 Step left back, Step right beside left, Step forward left.
- 5-6 Touch right across left, touch right to right side.
- 7& Cross right over left, step left to left,
- 8 Cross right over left.

¼ Turn, Step, Step, Rock Step, Shuffle Turn L 2x

- 1-2 Pivot ¼ turn left step forward left - step forward right,
- 2-4 Rock forward on left, rock back onto right
- 5&6 Shuffle Step ½ turn left, stepping left-right-left.
- 7&8 Shuffle Step ½ turn left, stepping -right-left-right

Coaster Step, Diagonal Steps And Shuffle

- 1&2 Step left back, Step right beside left, Step forward left.
- 3-4 Step right forward into left diagonal, step left beside right.
- 5& Step right forward into left diagonal, lock left behind right,
- 6 Step right forward into left diagonal.
- 7-8 Step left forward into right diagonal, step right beside left.

Diagonal Shuffle, ¼ Turn R, Back Rock, Hip Sway

- 1& Step left forward into right diagonal, lock right behind left,
- 2 Step right forward into left diagonal.
- 3 Pivot ½ turn right step forward right,
- 4 Pivot ¼ turn right Step left to the left side.
- 5-6 Rock back on right – rock forward on left
- 7 Small Step right to right side, sway hips to right side.
- 8 Sway Hips to left side.