

La Rueda

32 count, 4 wall, beginner level

Choreographer: Susan Bangonkale (Singapore)
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Choreographed to: La Rueda by Frankie Ruiz

32 count intro

1-8 MAMBO RIGHT, LEFT AND BACK, ½ PIVOT RIGHT TURN & ROLL

- 1&2 Rock right on R. Rock back onto L. Step back on R
- 3&4 Rock left on L. Rock back onto R. Step back on L
- 5&6 Rock back on R. Rock forward onto L. Step forward on R
- 7-8& Step L forward ½ pivot turn ending with R toe pointing next to L. Hip roll

9-16 RIGHT KICK, BODY ROLL, TOE TOUCHES, SAILOR STEPS

- 1&2 Right kick forward. Step back R,L
- 3&4 Body roll
- 5&6 Touch R out to R. Recover and L out to L
- 7&8 Step L behind R, recover and step L slightly forward

17-24 FULL TURN, ROCK ¼ R ¼ L, ¼ R SAILOR,

- 1-2 Step R forward and full R turn
- 3&4 Rock R ¼ to the R. Rock L ¼ to the L. Recover on the R
- 5&6 Rock L ¼ to the L. Rock R ¼ to the R. Recover on the L
- 7&8& Rock R behind L with ¼ R turn, recover on the L. step R slightly forward.
Switch weight to the L

25-32 ROCK ¼ TWICE, BACK MAMBO, PIVOT ½ TURN, HITCH

- 1-2 Rock R ¼ to the R. Recover on L
 - 3-4 Repeat 1-2
 - 5&6 Rock back on R. Rock forward onto L. Step forward on R
 - 7-8 Step L forward ½ turn on the ball. Hitch on the R with body leaning slightly back.
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