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La Naturalle

Phrased, 2 wall, beginner/intermediate level
Choreographer: William Sevone (Aus) June 2002
Choreographed to: Natural Born Boogie by
Humble Pie (121 bpm)

Two Wall Phrased Line Dance:- Home (12:00) Walls-48 Count. Away (6:00) Walls-40 count
(48 - 40 - 48 - 40 - 48 - 40 - 48 - 40 - 48 - 40 - 48)

Choreographers note:- S'funny really but the song title is never repeated within the song....but 'natural born woman' is many times. This song goes that far back some would say its 'stone age'....(well it is 'rock', I suppose) but it sure gets the feet tapping away doesn't it. I have kept the phrasing as simple as possible (as above) so as not to disrupt the natural flow of the dance. The 6:00 wall always coincides with the chorus of the song.

Dance starts on the vocal with feet together and weight on the left foot.

4x Toe Point-Step with Expression. (Moving Forward)

- 1 - 2 Touch right toe forward & pointing inward. Step right foot down pointing forward.
- 3 - 4 Touch left toe forward & pointing inward. Step left foot down pointing forward.
- 5 - 6 Touch right toe forward & pointing inward. Step right foot down pointing forward.
- 7 - 8 Touch left toe forward & pointing inward. Step left foot down pointing forward.

Dance note: Odd counts: Lean body slightly backward & turn into toe point.
Odd counts: click leading fingers forward, trailing fingers to rear.

Kick Fwd. 1/2 Right Step Fwd. Scuff. Step Fwd. 2x Lockstep.

- 9 - 10 Kick right foot forward. Turn 1/2 right & step forward onto right foot.
- 11 - 12 Scuff left foot forward. Step forward onto left foot.
- 13 - 14 Lock right foot behind left. Step forward onto left foot.
- 15 - 16 Lock right foot behind left. Step forward onto left foot.

Cross Step. Unwind 3/4 Left. Fwd Heel Touch. 1/4 Right Together. 2x Stomp-Side Toe Touch.

- 17 - 18 Cross step right foot over left. Unwind 3/4 left (weight on right foot).
- 19 - 20 Touch left heel forward. Turn 1/4 right & step left foot next to right.
- 21 - 22 Stomp right foot next to left. Touch right toe to right side.
- 23 - 24 Stomp right foot next to left. Touch left toe to left side.

4x Bwd Diagonal Cross Shuffles.

- 25& 26 (moving diagonally backward right) Cross step left foot behind right, step right foot to right side, cross step left foot behind right.
- 27& 28 (moving diagonally backward left) Cross step right foot behind left, step left foot to left side, cross step right foot behind left foot.
- 29& 30 (moving diagonally backward right) Cross step left foot behind right, step right foot to right side, cross step left foot behind right.
- 31& 32 (moving diagonally backward left) Cross step right foot behind left, step left foot to left side, cross step right foot behind left foot.

4x Hip Rolls. Fwd Sailor Step. Step Fwd. Pivot 1/2 Left.

- 33 - 34 Step left foot to left side & roll hips to left. Roll hips to right (weight on right foot).
 - 35 - 36 Roll hips to left (weight on left foot). Roll hips to right (weight on right foot).
- Style note:Counts 33-36: Roll hips in figure of 8.
- 37& 38 Cross step left foot behind right, step right foot next to left, step forward onto left foot.
 - 39 - 40 Step forward onto right foot. Pivot 1/2 left (weight on left foot).

2x Fwd Diagonal Cross Shuffles. Walk Bwd: Right-Left-Right-Left.

- 41& 42 (moving diagonally forward left) Cross step right foot over left, step left foot to left side, cross step right foot over left.
- 43& 44 (moving diagonally forward right) Cross step left foot over right, step right foot to right side, cross step left foot over right.
- 45 - 48 Walk backward: Right. Left. Right. Left.

DANCE FINISH: Around count 32 of the 11th wall the music will begin to fade. Continue the dance up to and including count 44 then do the following -

- 45 - 46 Step backward onto right foot. Turn 1/2 left & step forward onto left foot.
 - 47 - 48 Step forward onto right foot. Step left foot next to right with left hand on hat brim.
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Other suggestion music: As the music below is not phrased...do the dance as a 48 counter.
A real good way to wind up lonesome (124 bpm) James House
Honk, if you love to honky tonk (144 bpm) Dallas County Line

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