

La Linda

32 Count, 4 Wall, Improver

Choreographer: Dynamite Dot (UK) May 2010

Choreographed to: La Linda by Major Dundee
(120 bpm)

32 count intro starting just after vocals

1 - 8 R side shuffle/L fwd rock & L back rock/step ½ pivot R

1 & 2 3 4 Side shuffle to the right. Rock fwd on left, recover on right

5 6 7 8 Rock back on left, recover on right. Step left fwd, ½ pivot right

9 - 16 L fwd shuffle/shuffle ½ turn L/L coaster & walk R L

1 & 2 3 & 4 Left shuffle fwd. ½ turning shuffle left & fwd on R L R

5 & 6 7 8 Left coaster step. Walk fwd right and left

17-24 R rock recover back ½ turn L/ ½ pivot L/R shuffle fwd

1 2 3 4 Rock fwd right, recover on left. Step back right. ½ turn left stepping fwd on left

5 6 7 & 8 Right fwd, ½ pivot left. Right shuffle fwd

25-32 Side rock ¼ turn R/L shuffle fwd/heel & heel & touch clap

1 2 3 & 4 Rock left to side. Recover on right making ¼ turn right. Left shuffle fwd

5 & 6 & 7 8 R heel tap fwd. Left heel tap fwd. Right touch next to left. CLAP/ or just HOLD

And whatsoever you do - do it heartily. X