

## La La La!!

64 Count, 4 Wall, Intermediate

Choreographer: Alexis Strong (UK) Feb 2014

Choreographed to: La La La by Naughty Boy feat. Sam Smith

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**INTRO DANCE INTRO 4 TIMES TO FACE THE FRONT MAKING A FULL TURN, THEN START DANCE. RIGHT SIDE ROCK TOGETHER, LEFT SIDE ROCK TOGETHER, RIGHT HEEL GRIND ¼ TURN, RIGHT ROCK BACK RECOVER.**

1&2 Rock R To R Side, Recover Back Onto L, Step R Together,  
3&4 Rock L To L Side, Recover Back Onto R, Step L Together,  
5-6 R Heel Forward, Grind ¼ R, Step Onto L,  
7-8 Rock R Back, Recover Forward Onto L,  
(Arm movements- Swing Arms Down And Up, Click when bringing arms up on counts 1&2/3&4)

### DANCE

**1-8 RIGHT FORWARD ½ TURN, ½ TURN RIGHT SHUFFLE, LEFT FORWARD ½ TURN, ½ TURN LEFT SHUFFLE.**

1-2 Step Forward On R, Making ½ Turn R Step On L,  
3&4 Making ½ Turn R Step On R, Step L Together, Step R Forward,  
5-6 Step Forward On L, Making ½ Turn L Step On R  
7&8 Making ½ Turn L Step On L, Step R Together, Step L Forward, (12:00)

**9-16 FORWARD RIGHT ROCK RECOVER, BACK RIGHT SHUFFLE, STEP LEFT BACK ¼ TURN RIGHT, CROSS LEFT SHUFFLE.**

1-2 Rock Forward On R, Recover Back Onto L,  
3&4 Step R Back, Step L Together, Step R Back,  
5-6 Step Back On L, Making ¼ R Step On R,  
7&8 Cross L Over R, Step R To R Side, Cross L Over R, (3:00)

**17-24 POINT RIGHT AND LEFT, RIGHT HEEL LEFT HEEL, AND RIGHT SCUFF CROSS, LEFT BACK, RIGHT BACK, LEFT CROSS.**

1&2 Point R To R Side, Step R Together, Point L To L Side,  
&3&4 Step L Together, Right Heel Forward, Step R Down, Left Heel Forward,  
&5-6 Step L Down, Scuff R Over L, Step Onto R,  
7&8 Step Back Onto L, Step Back Onto R, Cross L Over R, (3:00)

**25-32 STEP ¼ R, ½ TURN ONTO LEFT, ½ TURN WALK RIGHT, WALK LEFT, BACK RIGHT SHUFFLE, LEFT BACK TOE ½ TURN.**

1-2 Step ¼ R Onto R, Making ½ R Step Onto L,  
3-4 Making ½ R Step Onto R, Step Forward On L,  
5&6 Step Back Onto R, Step L Together, Step Back Onto R,  
7-8 Point L Toe Back, Making ½ L Step Onto L, (12:00)

**Restarts** here on walls 5 & 6

**33-40 RIGHT SIDE ROCK TOGETHER CLICK, LEFT SIDE ROCK TOGETHER CLICK, RIGHT HEEL GRIND ¼ TURN, RIGHT ROCK BACK RECOVER.**

1&2 Rock R To R Side, Recover Back Onto L, Cross Step R Over L Click Fingers,  
3&4 Rock L To L Side, Recover Back Onto R, Cross L Over R Click Fingers,  
5-6 R Heel Forward, Grind ¼ R, Step Onto L,  
7-8 Rock R Back, Recover Forward Onto L, (3:00)  
(Arm movements- Swing Arms Down And Up, Click when bringing arms up on counts 1&2/3&4 )

**41-48 RIGHT SIDE ROCK CROSS CLICK, LEFT SIDE ROCK CROSS CLICK, RIGHT HEEL GRIND ¼ TURN, RIGHT ROCK BACK RECOVER.**

1&2 Rock R To R Side, Recover Back Onto L, Cross Step R Over L Click Fingers,  
3&4 Rock L To L Side, Recover Back Onto R, Cross L Over R Click Fingers,  
5-6 R Heel Forward, Grind ¼ R, Step Onto L,  
7-8 Rock R Back, Recover Forward Onto L, (6:00)  
(Arm movements- Swing Arms Down And Up, Click when bringing arms up on counts 1&2/3&4 )

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**49-56 FULL TURN, FORWARD RIGHT SHUFFLE, LEFT FORWARD ROCK RECOVER,  
STEP LEFT BACK, ¼ ONTO RIGHT.**

1-2 Making ½ Turn Step Onto R, Making ½ Turn L Step Onto L,  
3&4 Step Forward Onto R, Step L Together, Step R Forward,  
5-6 Rock Forward L, Recover Back Onto R,  
7-8 Step L Back, Making ¼ Turn R, Step Onto R, (9:00)

**57-64 CROSS LEFT SHUFFLE, STEP ½ TURN, CROSS FULL TURN BOUNCE, BOUNCE, BOUNCE.**

1&2 Cross L Over R, Step R To R Side, Cross L Over R,  
3-4 Step R To R Side, Step ½ Turn L Onto L,  
5,6,7,8 Cross R Over L Making ¼ L, Unwind ¼ L, Bounce, Unwind ¼ L, Bounce, Unwind ¼ L, Bounce, (3:00)

**RESTARTS:**

Wall 5 and Wall 6 - Dance Up To Count 32, RESTART

**ENDING:** End of Wall 7, Unwind 1 and ¼ To Face The Front, Step Forward R And Pose.

ENJOY!!