

## La Dame En Bleu

32 Count, 4 Wall, Improver, Tango

Choreographer: Norman Dery (USA) Feb 2014

Choreographed to: La Dame En Bleu by Michel Louvain  
(119 bpm)

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Start dancing on lyrics

### PART 1

- 1-4 Step left forward, hold, step right forward, hold  
5-8 Step left forward, turn ¼ left and step right forward, turn ¼ left and step left forward, hold
- 1-4 Step right forward, hold, step left forward, hold  
5-8 Step right forward, turn ¼ right and step left forward, turn ¼ right and step right forward, hold

### PART 2

- 1-2 Rock left forward, recover to right  
3-6 Rock left back, hold, recover to right, hold  
7-8 Rock left forward, recover to right
- 1-4 Rock left back, hold, recover to right, hold  
5-8 Step left forward, step right side, touch left together, hold

### PART 3

- 1-4 Step left forward, step right forward, turn ¼ left and step left forward, turn 1/8 left and step right side  
5-8 Step left together, hold, step right back, hold
- 1-2 Step left back, hold  
3-6 Step left back, hold, turn 1/8 left and step right back, turn 1/8 left and step left side  
7-8 Step right together, hold

### PART 4

- 1-4 Step left forward, step right forward, turn ¼ left and step left forward, turn 1/8 left and step right side  
5-8 Step left together, hold, step right back, hold
- 1-2 Step left back, hold  
3-6 Step left back, hold, turn 1/8 left and step right back, turn 1/8 left and step left side  
7-8 Step right together, hold
- 1-4 Step left forward, step right forward, turn ¼ left and step left forward, turn 1/8 left and step right side  
5-8 Step left together, hold, step right back, hold
- 1-2 Step left back, hold  
3-6 Step left back, hold, turn 1/8 left and step right back, turn 1/8 left and step left side  
7-8 Step right together, hold

### PART 5

- 1-4 Rock left side, hold, recover to right, hold  
5-6 Step left side, step right together
- 1-4 Rock left side, hold, recover to right, hold  
5-6 Rock left side, hold
- 1-4 Recover to right, step left together, step right side, hold

### TAG After walls 2 and 4

- 1-2 Rock left forward, recover to right  
3-6 Rock left back, hold, recover to right, hold  
7-8 Rock left forward, recover to right  
1-4 Rock left back, recover to right