

La Bamba

48 count, 4 wall, intermediate level

Choreographer: Phil Dennington (UK) 2003
Choreographed to: La Bamba by Richie Valens,
Greatest Hits

Start on vocals

HIP SWINGS WITH KNEE POPS, MODIFIED MONTREY TURN

- 1 STEP FWD RIGHT SWINGING HIPS FWD, AND POP LEFT KNEE
- 2 SWING HIPS BACK ONTO LEFT LEG, POP RIGHT KNEE
- 3 SWING HIPS FWD ONTO RIGHT LEG, POP LEFT KNEE
- 4 SWING HIPS BACK ONTO LEFT LEG, POP RIGHT KNEE
- 5-6 STEP FWD RIGHT, TOUCH LEFT TO LEFT SIDE
- 7-8 ON BALL OF RIGHT, PIVOT ½ TURN LEFT, TOUCH RIGHT BESIDE LEFT

BACK SLIDES, WITH KNEE POPS, STEP ¼ TURN RIGHT

- 9 TOUCH RIGHT TOE FWD
- 10 SLIDE RIGHT FOOT BACK (TACKING WT.) AND POP LEFT KNEE
- 11 SLIDE LEFT FOOT BACK (TAKING WT) AND POP RIGHT KNEE
- 12 SLIDE RIGHT FOOT BACK (TAKING WT) AND POP LEFT KNEE
- 13 SLIDE LEFT FOOT BACK (TAKING WT) AND POP RIGHT KNEE
- 14 STEP FWD ON RIGHT
- 15-16 STEP FWD LEFT, PIVOT ¼ TURN RIGHT

RATTLESNAKE TURNS, TRAVELLING FWD DIAGONALLY LEFT

- 17-18 STEP FWD ON RIGHT PIVOT ¼ LEFT SWINGING HIPS RIGHT
- 19-20 STEP FWD ON LEFT PIVOT ¼ RIGHT SWINGING HIPS LEFT
- 21-22 STEP FWD ON RIGHT PIVOT ¼ LEFT SWINGING HIPS RIGHT
- 23-24 STEP FWD ON LEFT PIVOT ¼ RIGHT SWINGING HIPS LEFT

LATIN WIGGLE TRAVELLING RIGHT

- 25-26 STEP RIGHT TO RIGHT SIDE AT THE SAME TIME HITCHING
LEFT LEG (ANGLE BODY RIGHT) STEP LEFT IN PLACE (ANGLE LEFT)
- 27-28 STEP RIGHT TO RIGHT SIDE AT THE SAME TIME HITCHING
LEFT LEG (ANGLE BODY RIGHT) STEP LEFT IN PLACE (ANGLE LEFT)
- 29-30 STEP RIGHT TO RIGHT SIDE AT THE SAME TIME HITCHING
LEFT LEG (ANGLE BODY RIGHT) STEP LEFT IN PLACE (ANGLE LEFT)
- 31-32 STEP RIGHT TO RIGHT SIDE AT THE SAME TIME HITCHING
LEFT LEG (ANGLE BODY RIGHT) TOUCH LEFT BESIDE RIGHT (FACING FRONT)

WEAVING LEFT, MODIFIED MONTREY TURN, SIDE ROCK

- 33-34 STEP LEFT TO LEFT SIDE, CROSS RIGHT BEHIND LEFT
- 35-36 STEP LEFT TO LEFT SIDE, CROSS RIGHT IN FRONT OF LEFT
- 37-38 TOUCH LEFT TOE TO LEFT SIDE, PIVOT ½ TURN LEFT
- 39-40 ROCK RIGHT, ROCK LEFT

MODIFIED MONTREY TURN, STEP CROSS, UNWIND ½ LEFT

- 41-42 CROSS RIGHT IN FRONT OF LEFT, STEP LEFT TO LEFT SIDE
- 43-44 CROSS RIGHT IN FRONT OF LEFT, TOUCH LEFT TOE TO LEFT SIDE
- 45-46 PIVOT ½ TURN LEFT, STEP RIGHT TO RIGHT SIDE
- 47-48 CROSS LEFT BEHIND RIGHT, UNWIND ½ LEFT.
(TAKING WT ONTO LEFT)