

Distance Information

76 count, 4 wall, intermediate level

Choreographer: David Spencer & Kate Jones (UK)

April 2004

Choreographed to: Memphis Tennessee by Sammy Kershaw (178 BPM), CD Politics, Religion and Her; Memphis Tennessee by Diamond Jack, CD Whatever It Takes

32 count intro, start on vocals

Right Scissor Step, Hold (& Clap). Left Scissor Step, Hold (& Clap)

- 1-2 Step right to right side. Step left beside right and slightly back.
- 3-4 Cross step right over left. Hold and clap.
- 5-6 Step left to left side. Step right beside left and slightly back.
- 7-8 Cross step left over right. Hold and clap.

Side Behind Sweep. Right Lock Step Back, Hold.

- 1-2 Step right to right side. Step left behind right.
- 3-4 Sweep right out to right side and behind left over two counts. (weight on left)
- 5-8 Step down on right behind left. Lock left across right. Step back on right. Hold.

Toe Points, Hold. Left Cross Shuffle, Hold.

- 1-2 Point left toe to left side. Point left toe forward in front of right.
- 3-4 Point left toe to left side. Hold.
- 5-8 Left cross shuffle travelling forward on right diagonal (body facing front). Hold.

Toe Points, Hold. Right Cross Shuffle, Hold.

- 1-2 Point right toe to right side. Point right toe forward in front of left.
- 3-4 Point right toe to right side. Hold.
- 5-8 Right cross shuffle travelling forward on left diagonal (body facing front). Hold.

2xQuarter Turns Right, Step Forward, Hold. Right Lock Step Forward Hold.

- 1-2 1/4 turn right stepping back on left. 1/4 turn right stepping right to right side.
- 3-4 Step forward on left. Hold.
- 5-8 Step forward on right. Lock left behind right. Step forward on right. Hold

Vine Left. Applejacks (or Heel Splits).

- 1-2 Step left to left side. Step right behind left.
 - 3-4 Step left to left side. Step right beside left (feet slightly apart).
 - 5-6 Swivel left toe and right heel to left. Return to centre.
 - 7-8 Swivel right toe and left heel to right. Return to centre. (Weight ends on left)
- Easier option: Counts 5-8 Split heels apart-together, apart-together.*

Monterey Half Turn Right. Monterey Quarter Turn Right.

- 1-2 Point right to right side. Make 1/2 turn right stepping right beside left.
- 3-4 Point left to left side. Step left beside right.
- 5-6 Point right to right side. Make 1/4 turn right stepping right beside left.
- 7-8 Point left to left side. Step left beside right.

Applejacks (or Heel Splits). Right Toe Strut Forward. Left Toe Strut Half Turn Right.

- 1-2 Swivel left toe and right heel to left. Return to centre.
 - 3-4 Swivel right toe and left heel to right. Return to centre. (Weight ends on left)
 - 5-6 Step forward on right toe. Drop right heel to floor.
 - 7-8 Make 1/2 turn right stepping back on left toe. Drop left heel to floor.
- Easier option: Counts 1-4 Split heels apart-together, apart-together.*

Back Rock, Step Forward, Hold. Shuffle Full Turn Right, Hold.

- 1-4 Rock back on right. Rock forward on left. Step forward on right. Hold.
 - 5-8 Shuffle full turn right (travelling forward) stepping left right left. Hold
- Easier option: 5-8 Left lock step forward. Hold*

Heel Dig & Toe Touches.

- 1-2 Touch right heel forward. Touch right toe back.
- 3-4 Touch right toe to right side. Touch right toe beside left.

Ending – Dance up to count 24 (left cross shuffle on right diagonal, hold) then: -

- 1-2 Point right toe to right side. Stomp right beside left!
-