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# L.D.V.

Phrased, 4 wall, intermediate level Choreographer: Yvonne Jernberg, Barbro Södersten, Tanya Jernberg (Aug 2004)

Choreographed to: La Dolce Vita by After Dark

Sequence: A,A,B,B,A,A,B,B,A,B,B,C

# **PART A**

Section 1	Point	noint	coaster step x2	

- 1-2 Point right toe forward, point right toe to right side
- 3&4 Step back on right foot, close left beside right, step right foot forward
- 5-6 Point left toe forward, point left toe to left side
- 7&8 Step back on left foot, close right beside left, step left foot forward

## Section 2 Rock forward, rock back, side rock, cross shuffle

- Rock forward on right foot, recover 1-2 3-4 Rock back on right foot, recover 5-6 Rock right foot to right side, recover
- 7&8 Cross right foot over left, step left foot to left side, cross right foot over left

# Section 3 Rock left, cross shuffle, side, cross, side, cross

- Rock left foot to left side, recover 1-2
- 3&4 Cross left foot over right, step right foot to right side, cross left foot over right
- 5-6 Step to the right and twist body to the left, cross left over right and twist body to the right
- Step to the right and twist body to the left, cross left over right and twist body to the right
- NOTE: Steps 5-8 is done on balls of feet

## Section 4 1/4 turn left, kick, coaster step, shuffle, shuffle

- On left foot turn 1/4 left and step back on right foot, kick left foot forward
- 3&4 Step back on left foot, close right beside left, step left foot forward.
- 5&6 Step right foot forward, close left behind right, step right forward
- 7&8 Step left foot forward, close right behind left, step left foot forward

#### **PART B**

# Section 1 Full turn right, clap, full turn left, clap

- 1-3 Step 1/4 to the right, step 1/4 to the right, pivot half turn right,
- 4 Touch left next to right, clap
- Step 1/4 to the left, step 1/4 to the left, pivot half turn left, 5-7
- Touch right next to left, clap 8

# Section 2 Kick ball cross, sway x4, kick ball cross

- Kick right foot forward, step right next to left, cross left over right 1&2
- Step/sway to the right, sway left 3-4
- 5-6 Swav right, swav left
- 7&8 Kick right foot forward, step right next to left, cross left over right

#### Section 3 Point cross, point, cross, 1/4 turn Jazzbox

- Point right foot to the right, cross right over left
- 3-4 Point left foot to the left, cross left over right
- 5-6 Cross right foot over left, step back on left foot
- 7-8 Step 1/4 to the right, step forward on left foot

# Section 4 Point cross, point, cross, 1/4 turn Jazzbox

- Point right foot to the right, cross right over left 1-2 3-4
- Point left foot to the right, cross left over right 5-6 Cross right foot over left, step back on left foot
- 7-8 Step 1/4 to the right, step forward on left foot

# PART C, The end!

## Section 1 Point, hold, cross, hold, unwind 3/4, out, out.

- Point right toe to right side, hold 1-2
- 3-4 Cross right foot over left, hold
- 5-6 Unwind 3/4 to the left
- &7,8 Step out with right foot, step out with left foot, hold