Web site:www.linedancermagazine.com
E-mail: admin@linedancermagazine.com
L.A.

32 count, 4 wall, improver level Choreographer: Heather Freeman (UK) Nov 2007 Choreographed to: L.A. by Amy MacDonald, Album: This Is The Life (80 bpm)

32 count intro
Section 1 Rock Back Right, Shuffle Forward Right, Pivot $1 / 2$ Right, Shuffle $1 / 2$ Turn Right
1-2 Rock back on right. Rock forward onto left.
3 \& 4 Step forward right. Close left beside right. Step forward right.
5-6 Step forward left. Pivot $1 / 2$ turn right.
7 \& 8 Shuffle step forward making $1 / 2$ turn right, stepping - left, right, left.
Section 2 Rock Back Right, Kick Ball Change Right, Walks x 2, Shuffle Forward Right
1-2 Rock back on right. Rock forward onto left.
3 \& 4 Kick right forward. Step right beside left. Step onto left in place.
5-6 Step right forward. Step left forward.
7 \& 8 Step forward right. Close left beside right. Step forward right.
Section 3 Cross Back Side x 2, Cross Rock Forward Left
1-2 Cross left over right, Step back right,
3-4 Step left to side, Cross right over left,
5-6 Step back left, Step right to side,
7-8 Cross rock forward on left. Rock back onto right.
Section 4 Rock Back Left, $1 / 4$ Turn Right, Pivot $1 / 4$ Right, Shuffle Forward Left, Rock Forward Right
1-2 Rock back on left. Rock forward onto right.
3-4 Step forward left, Pivot $1 / 4$ turn.
5 \& 6 Step forward left. Close right beside left. Step forward left.
7-8 Rock forward on right. Rock back onto left.
Tag Danced At The End of 4th Wall Only: Facing The Front
Side Behind, Chasse Right, Cross Side, Sailor Step Left
1-2 Step right to side, cross left behind.
3 \& 4 Step right to right side. Close left beside right. Step right to right side.
5-6 Cross left over right, step right to side.
7 \& 8 Cross left behind right. Step right to right side. Step left to place.
Cross Side, Behind \& Cross, Left Side Rock, Cross Shuffle Right
1-2 Cross right over left, step left to side.
3 \& 4 Cross right behind left. Step left to left side. Cross right over left.
5-6 Rock left to left side. Recover onto right.
7 \& 8 Cross left over right. Step right to right side. Cross left over right.

Music download available from iTunes

