

Kristian Life

32 count, 2 wall, intermediate level

Choreographer: Gaye Teather (UK) Aug 2004

Choreographed to: Story Of My Life by Kristian
Leontiou. CD single plus Now 5 album (81 bpm)

8 count intro

CROSS, SIDE, STEP. SYNCOPATED WEAWE RIGHT. CROSS ROCK. TRIPLE 3 / 4 LEFT

- 1 – 2 Cross right over left. Step left to left
& Step right beside left
3 & 4 Cross left over right. Step right to right, Cross left behind right
& Step right to right
5 – 6 Cross rock left over right. Recover onto right
7 & 8 Triple 3 / 4 turn left stepping left, right, left (3 o'clock)

FORWARD ROCK, STEP. BACK-STEP, BACK-STEP. LEFT SHUFFLE FORWARD. STEP 1/2 TURN LEFT, STEP

- 9 – 10 Rock forward on right. Recover onto left
& Step right beside left
11 & 12 Step back on left. Step right beside left. Step back on left
& Step right beside left
13 & 14 Step forward on left. Step right beside left. Step forward on left
15 & 16 Step forward on right. Pivot 1 / 2 turn left. Step forward on right (9 o'clock)

SIDE ROCK. LEFT SAILOR STEP. RIGHT SAILOR STEP. BEHIND, UNWIND 3 / 4 LEFT

- 17 – 18 Rock left to left side. Recover onto right
19 & 20 Step left behind right, step right to right, step left to left
21 & 22 Step right behind left, step left to left, step right to right
23 – 24 Cross left behind right. Unwind 3 / 4 turn left (weight ends on left) (12 o'clock)

FORWARD ROCK-RECOVER, STEP. HEEL SWITCHES LEFT AND RIGHT. HEEL JACK TURNING 1 / 4 LEFT. STEP 1 / 4 TURN LEFT

- 25 – 26 Rock forward on right. Recover onto left
& Step right beside left
27 & 28 Touch left heel forward. Step left in place. Touch right heel forward
& Step right in place
29 & 30 Cross left over right. Turn 1 / 4 left stepping back on right. Touch left heel forward
& Step left in place
31 – 32 Step forward on right. Pivot 1 / 4 turn left (6 o'clock)

Style Note: On the & count of steps 29 & 30 angle body backwards as in a "stumble"

Re-start: Occurs on 3rd wall. Dance 2 complete repetitions and on 3rd one dance up to step 24 and then start dance again from the beginning (you will be facing 12 o'clock)