

Knock Three Times

32 Count, 4 Wall, Improver

Choreographer: CH Lim-Naidu (Jun 09)
Choreographed to: Knock Three Times by
Tony Orlando & Dawn

Start after 16 counts at the vocals

Knock, Knock, Knock, Coaster, Shuffle, Touch

1-3 Knock R heel 3 times diagonally right
4&5 R step back; L tog R; R step forward
6&7 Shuffle forward L, R, L
8 R touch L

Walk, Walk. Walk, ½ Turn Hitch, Shuffle, Rock

1-3 Walk forward R, L, R
4 ½ turn R hitch L
5&6 Shuffle forward L, R, L
7-8 R step R; rock back on L

Cross Shuffle, Side Mambo, Step Forward, Roll Hips & Knees

1&2 R cross over L; step L; R cross over L
3&4 L step L; rock back on R; L tog R
5-6 R step forward; L tog R
7-8 Roll hips and knees

Stamp, Stamp. Stamp, Step R, Behind, ¼ Turn R, Step Forward

1-3 Stamp R foot 3 times beside L
4 R step R
5&6 L cross behind R; ¼ turn R step R; L tog R
7-8 R step forward; L tog R

ENDING: At the 11th wall (6.00), on the 15th and 16th counts step