

Knock Three Times

56 count, 2 wall, intermediate level

Choreographer: Glynn Rodgers (AppleJack) (UK)

July 2004

Choreographed to: Knock Three Times By Tony Orlando & Dawn

1-8: Scuff, Hip Bumps, Grapevine.

1-2: Scuff right foot forward and step right foot to right side bumping hips right.

3-4: Bump hips left and right.

5-6: Step left to left side, step right behind left.

7-8: Step left to left side, touch right beside left.

9-16: Rolling Grapevine, Shuffle, Scuff and Jazz Jump.

1-2: Step right 1/4 turn right, on ball of right make 1/2 turn right stepping back left.

3-4: On ball of left make 1/4 turn right stepping right to right side, touch left beside right.

5&6: Step left foot forward, close right to left, step left foot forward.

7&8: Scuff right foot forward, step right slightly out to right side, step left slightly out to left side.

On counts 7&8 keep weight on your right leg.

17-24: Hip Bumps, Step, Touch and vaudeville.

1-2: Bump hips left and right.

3-4: Step left to left side, touch right beside left.

5-6: Step right to right side, step left behind right.

&7: Step back right back, dig left heel forward.

&8: Step left back to place, cross right over left.

25-32: Turn, turn, Touch, Kick, Chasse, Kick and Step.

1-2: Step back left turning ¼ right, step forward right turning ¼ right.

3-4: Touch left beside right, kick left diagonally forward.

5&6: Step left to left side, close right to left, step left to left side.

7-8: Kick right forward, step right slightly to right side.

On counts 7&8 angle body an eighth to right side.

33-40: Kick, Step, Kick Ball Cross, Side Rock, Cross Shuffle.

1-2: Kick left forward, step left in place.

3&4: Kick right foot forward, step right in place, cross left over right.

5-6: Rock right to right side, recover weight on to left.

7&8: Cross right over left, step left to left side, cross right over left.

On counts 1-4 keep body angled an eighth right. On counts 5-6 straighten up to front wall.

41-48: Side Rock, Cross Shuffle, Points and Heels.

1-2: Rock left to left side, recover weight on to right.

3&4: Cross left over right, step right to right side, cross left over right.

5&6: Point right to right side, step right in place, point left to left side.

&7: Step left in place, dig right heel forward.

&8: Step right in place, dig left heel forward.

49-56: Pivot turn, Points, Heels and Pivot Turn.

&1-2: Step left in place, step right foot forward, pivot ½ turn left.

3&4: Point right to right side, step right in place, point left to left side.

&5: Step left in place, dig right heel forward.

&6: Step right in place, dig left heel forward.

&7-8: Step left in place, step right foot forward, pivot ½ turn left.

Tag: The tag comes after the end of the 2nd wall

Walk, Walk, Kick Ball Change.

1-2: Walk forward right and left.

3&4: Kick right foot forward, step right in place, step left in place.
