

Knock On Wood

72 count, 4 wall, Int/Adv level

Choreographer : Ian St Leon (Australia)

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Choreographed to : Knock On Wood by Amy Stewart

Rock Fwd. Step Back. Rock Fwd. Step Back. Rock Fwd. 1/2 Left. Fwd Shuffle.

- 1 - 2 Rock forward onto left foot. Recover onto right foot.
& Step backward onto left foot.
3 - 4 Rock forward onto right foot. Recover onto left foot.
& Step backward onto right foot.
5 - 6 Rock forward onto left foot. Recover onto right foot.
7& 8 Turn 1/2 left & step forward onto left foot, close right foot next to left, step forward onto left foot.

Rock Fwd. Step Back. Rock Bwd. Step Fwd. 1/4 Turn Right. Step Behind-Side-Fwd.

- 9 - 10 Rock forward onto right foot. Recover onto left foot.
& Step backward onto right foot.
11 - 12 Rock backward onto left foot. Recover onto right foot.
13 - 14 Step forward onto left foot. Turn 1/4 right (weight on right foot).
15& 16 Step left foot behind right, step right foot to right side, step left foot forward in front of right.

2x Diag Right Kicks. Step Behind-Side-Fwd. 2x Left Kicks. Step Behind-Side-Fwd.

- 17 - 18 Kick right foot forward diagonally right. Repeat.
19 & 20 Step right behind left, step left to left side, step right forward in front of left.
21 - 22 Kick left foot forward diagonally left. Repeat.
23& 24 Step left behind right, step right to right side, step left foot in front of right.

Fwd Step. 1/2 Turn Left. Fwd Shuffle. 1/2 Turn Left. Rock Bwd. Fwd Shuffle. 1/2 Turn Right.

- 25 - 26 Step forward onto right foot. Pivot 1/2 left (weight on left foot).
27& 28 Step forward onto right foot, close left foot next to right, step forward onto right foot & turn 1/2 left.
29 - 30 Rock backward onto left foot. Recover onto right foot.
31& 32 Step forward onto left foot, close right foot next to left, step forward onto left foot & turn 1/2 right.

Rock Bwd. Fwd Shuffle. Side Step. Hip Bumps.

- 33 - 34 Rock backward onto right foot. Recover onto left foot.
35& 36 Step forward onto right, close left foot next to right, step forward onto right
37 - 38 Step left foot to left side & bump hips to left. Bump hips to right.
39 - 40 Bump hips to left. Bump hips to right.

2x Foot Switches. Heel Fwd. Chasse Left. Rock Bwd.

- 41& 42 Touch left heel forward, step left foot next to right, touch right heel forward.
&43 - 44 Step right foot next to left, touch left heel forward. Touch left heel forward.
45& 46 Step left foot to left side, step right foot next to left, step left foot to left side.
47 - 48 Rock backward onto right foot. Recover onto left foot.

Diag Step Fwd. Fwd Step. 2x Bronco Twist (Swivett)-Centre. Heel 1 Toe Twist.

- 49 - 50 Step forward onto right foot diagonally right. Step left foot next to right.
51 - 52 (Weight on left toe, right heel) twist knees right. Back to centre.
53 - 54 (Weight on right toe, left heel) twist knees left. Back to centre.
55 - 56 Twist right heel out. Twist right toe out.

Heel Twist. Centre. Rock Bwd. Side Rock. Rock Bwd.

57 - 58 Twist both heels to right. Back to centre.

59 - 60 Rock backward onto right foot. Recover onto left foot.

61 - 62 Rock right foot to right side. Recover onto left foot.

63 - 64 Rock backward onto right foot. Recover onto left foot.

Fwd Step. 1/2 Turn Left. Fwd Shuffle. Rock Fwd. Together. Hold.

65 - 66 Step forward onto right foot. Pivot 1/2 left (weight on left foot).

67& 68 Step forward onto right foot, close left foot next to right, step forward onto right foot.

69 - 70 Rock forward on left foot. Recover onto right foot. Touch left foot next to right. Hold.

RESTARTS

Wall 4 - Restart dance after count 40 (hip bumps)

Wall 5 - After count 14 (1/4 right) dance the following:

15& 16 Step left foot behind right, step right foot to right side, touch left foot next to right, then restart dance from beginning (you should be facing the 3 o'clock position)