

Knock Me Out

32 Count, 2 Wall, Intermediate/Advanced
Choreographer: Paul McAdadm (UK) Sept 08
Choreographed to: Knock Me Out by Danny K Feat
Pro Kid, CD: This Is My Time

Count In: Approximately 21 Second Into song on vocals

1-8 Kick & Behind & Cross-Rock-Touch, & Side Rock & Side Rock Cross

- 1&2 Kick right foot to right side, step right foot to right side, cross left foot behind right
&3& Step right foot to right side, cross rock left foot over right foot, recover weight onto right foot
4 Touch left toe out to left side
&5,6 Step left foot next to right, rock right foot out to right side, recover weight onto left foot
&7&8 Step right foot next to left, rock left out to left side, recover weight on right, cross left over right

9-16 Press, Close, Behind ¼ Turn, ¼ Touch Cross, Side-Behind ¼

- 1,2 Press right foot out to right diagonal, lifting left foot off the floor slightly,
step left foot together, pushing hips forward and leaning back slightly (weight on left)
3&4 Step right foot back, make a ¼ turn left and step left foot forward, step right foot forward
&5,6 Make a ¼ turn left and cross left over right, touch right toe to right side, cross right foot over left
7&8 Step left foot to left side, cross right behind left, make a ¼ turn left and step left foot forward

17-24 Press, Small Sweeps Back With Knee Pops

- &1,2 Press right foot forward, recover weight onto left foot while right foot flicks a small sweep back,
step back onto right foot on count 2 and pop left knee in towards right
&3,4 Flick sweep left foot back and take weight onto left foot, pop right knee in towards left twice
&5 Flick sweep right foot back and take weight onto right foot, pop left knee in towards right
&6 Flick sweep left foot back and take weight onto left foot, pop right knee in towards left
&7,8 Flick sweep right foot back and take weight onto right foot, pop left knee in towards right twice

25-32 Ball-Step, Walk, Rock ¼ Turn, & Point & Touch, Kick Behind-Side-Cross

- &1,2 Step back on ball of left foot, walk forward on right foot, walk forward on left foot
3&4 Cross rock forward on right foot, recover weight onto left foot,
make a ¼ turn right and step right foot to right side
&5 Step left foot to left side, point right toe out to right side,
&6 Step right foot to right side, touch left toe next to right
7&8& Kick left foot to left diagonal, cross left foot behind right,
step right foot to right side, cross left foot over right.

Start Again And Enjoy!