

## Knock 'N' Run

32 count, 4 wall, beginner/intermediate level

Choreographer: Liam Hrycan

Choreographed to: Some Days You Gotta Dance by Dixie Chicks; Can I Tico Tico You by Lou Bega; Cupid by Sara Evans

---

Note: When dancing to the "Some Days You Gotta Dance" by Dixie Chicks, read the notes about the dance in the sheet. They are not TAGS, just repeats... so don't panic!

### **RIGHT FORWARD ROCK/RECOVER, RIGHT BACK ROCK/RECOVER, RIGHT FORWARD ROCK/RECOVER, RIGHT STEP BACK (½-RIGHT)/LEFT STEP BESIDE RIGHT**

- 1-2 Rock right foot forward, recover weight back onto left foot
- 3-4 Rock right foot back, recover weight onto left foot
- 5-6 Rock right foot forward, recover weight back onto left foot
- 7-8 Step right foot back a ½ turn right, step left foot to place beside right

### **RIGHT SIDE STEP/LEFT TOE TOUCH, LEFT SIDE STEP/RIGHT KICK, RIGHT SIDE STEP/LEFT KICK, LEFT SIDE STEP (¼-LEFT)/RIGHT SCUFF FORWARD**

- 9-10 Step right foot to right side, touch left toe beside right foot
- 11-12 Step left foot to left side, kick right foot across left leg
- 13-14 Step right foot to right side, kick left foot across right leg
- 15-16 Step left foot to left side a ¼ turn left, scuff right foot forward

### **RIGHT GRAPEVINE WITH LEFT KICK, LEFT SIDE STEP (¼-LEFT)/RIGHT SCUFF FORWARD, RIGHT STEP/½ PIVOT LEFT**

- 17-18 Step right foot to right side slightly forward, step left foot behind right
- 19-20 Step right foot to right side, kick left foot across right leg
- 21-22 Step left foot to left side a ¼ turn left, scuff right foot forward
- 23-24 Step right foot forward, pivot a ½ turn left (weight ending on left foot)

On wall 4, you will have finished the ½ pivot left, and will be facing the right side wall (3:00) with the weight on your left foot. Here, instead of continuing the dance through steps 25-32, you start the dance again with step 1, etc

### **STOMPS FORWARD AND APART (RIGHT,LEFT), FINGER CLICKS (RIGHT,LEFT), CLAP HANDS TWICE, RIGHT STEP/¼ PIVOT LEFT**

- 25-26 Stomp both feet forward, a shoulder width apart - right, left
- 27-28 Click right fingers at face height, click left fingers at face height
- 29-30 Clap hands twice at face height (weight ending on left foot)

On wall 9, you will have finished the double clap, and will be facing the left side wall (9:00) with the weight evenly distributed between both feet. Here, instead of continuing the dance through steps 31,32, you repeat steps 25-30, and then start the dance again with step 1, etc. You actually miss out steps 31 and 32 on this wall 31-32 Step right foot forward, pivot a ¼ turn left (weight ending on left foot)

REPEAT