

MODIFIED RIGHT AND LEFT SAILOR STEPS, BEHIND UNWIND 1/2 TURN

- & Step right in place
- 1 Cross left over right
- & Step right to right side
- 2 Touch left heel diagonally forward
- & Step left in place
- 3 Cross right over left
- & Step left to left side
- 4 Touch right heel diagonally forward
- & Step right in place
- 5 Cross left foot in front of right
- 6 - 8 Unwind 1/2 turn right, bouncing heels three times lightly while turning

RIGHT SAILOR STEP, LEFT SAILOR STEP, BEHIND UNWIND 1/2 TURN

- 9 Step right behind left
- & Step left to left side
- 10 Step right to right side
- 11 Step left behind right
- & Step right to right side
- 12 Step left to left side
- 13 Cross right behind left
- 14 - 16 Unwind 1/2 turn right bouncing heels lightly three times while turning
- 17 Rock right forward
- & Step left in place
- 18 Rock back on right
- & Step left in place
- 19 Touch right toe forward, closing heels
- & Split heels
- 20 Close heels
- 21 Rock right back
- & Step left in place
- 22 Rock right forward
- & Step left in place
- 23 Touch right toe back, closing heels
- & Split heels, with left in front of right
- 24 Close heels
- 25 - 48 Repeat counts 1-24
- 49 Jump both feet apart
- 50 Jump both feet together
- 51 Jump both feet apart
- 52 Jump together hitching right knee in front of left
- 53 Jump both feet apart
- & Jump together, slapping right foot up behind left
- 54 Jump both feet apart
- & Jump together, slapping right foot up behind left, making 1/4 turn left
- 55 & 56 & Repeat counts 54& twice

BODY ROLL RIGHT & LEFT, WITH SLIDES

- 57 Step right foot to right side, starting body roll right
- 58 - 60 Slide left up to right, completing roll right
- 61 Step left to left side
- 62 - 64 Slide right up to left, completing roll left

1/2 DIAGONAL RUNNING MAN STEP, HEEL SWITCHES

- 65 Jump diagonally feet shoulder width apart right foot forward, left foot back

& Jump feet together, hitching right knee
66 Jump diagonally feet shoulder width apart left foot forward, right foot back
& Jump feet together, hitching right knee
67 Touch right heel forward
& Step right foot in place
68 Touch left heel forward
69 - 72 Repeat counts 65-68

STEP 1/2 TURN, STEP 1/2 TURN, & CROSS HOLD, & CROSS HOLD

73 Step down onto left foot
74 Pivot 1/2 turn right, bending knees slightly
75 Step down onto left foot
76 Pivot 1/2 turn left, bending knees slightly
& Step right foot diagonally back
77 Cross left foot in front of right transferring weight on to left
78 Hold for 1 beat
& 79 - 80 Repeat &77,78

REPEAT

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