

Kick N Rock**BEGINNER**

32 Count 4 Walls

Choreographed by: Pedro Machado

Choreographed to: Mama Don't Get

Dressed Up For Nothing by Brooks and Dunn

KICK AND ROCKS

- 1 & Kick right foot out at 45 degree angle to left side. Replace right foot
2 & Kick left foot out at 45 degree angle to right side. Replace left foot
3 - 4 Step right foot across and in front of left foot at 45 degree angle, hold(rock step). Shift weight back to left foot, replace right foot
5 & Kick left foot out at 45 degree angle to right side. Replace left foot
6 & Kick right foot out at 45 degree angle to left side. Replace right foot
7 & 8 & Step left foot across and in front of right foot at 45 degree angle, hold(rock step). Shift weight back to right foot, replace left foot

PIVOTS AND KICKS

- 1 - 4 Step right foot across in front of left foot. Pivot 1/2 turn to the left. Step left foot across in front of right foot. Pivot 1/2 turn to the right
5 & 6 Kick right foot forward. Step back on right foot. Touch left foot back
7 & 8 Kick left foot forward. Step back on left foot. Touch right foot back

KICK, TOUCH AND PIVOT

- 1 & Kick right foot forward, replace right next to left.
2 & Touch left foot to left side, replace left foot next to right
3 & Touch right foot to right side, replace right foot next to left
4 & Kick left foot forward, step left next to right.
5 - 8 Step right foot forward, pivot 1/2 turn to left. Step right foot forward, pivot 1/2 turn to left.

SHUFFLE AND ROCK

- 1 & 2 Step right with right foot, step left beside right, step right with right foot
3 - 4 Step left foot across, in back of right. Shift weight back to right foot (rock step)
5 & 6 Step left with left foot, step right beside left, step left with left foot.
7 Touch right toe across and in back of left foot
8 Pivot 3/4 turn to the right on toe on right foot and heel of left foot.

REPEAT**For faster songs, replace the 2 rock steps in the first 8 counts with kicks.**